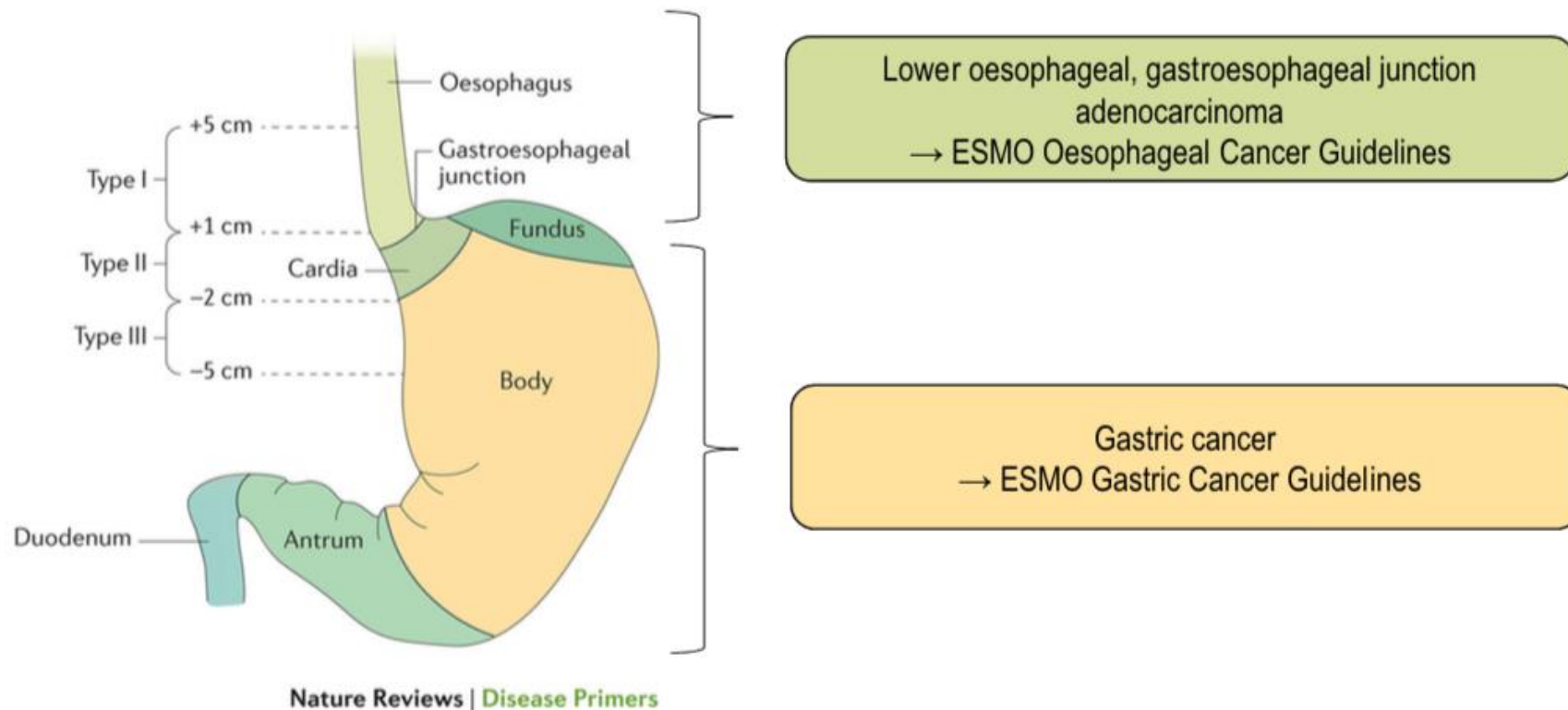


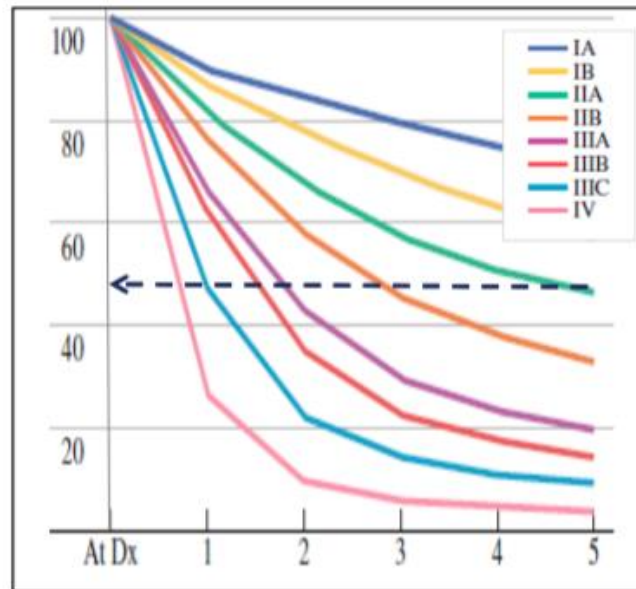
NEOADJUVANT AND ADJUVANT CHEMOTHERAPY FOR GASTRIC CANCER

DR. SHYAM AGGARWAL MD
MEDICAL ONCOLOGY
SGRH, DELHI

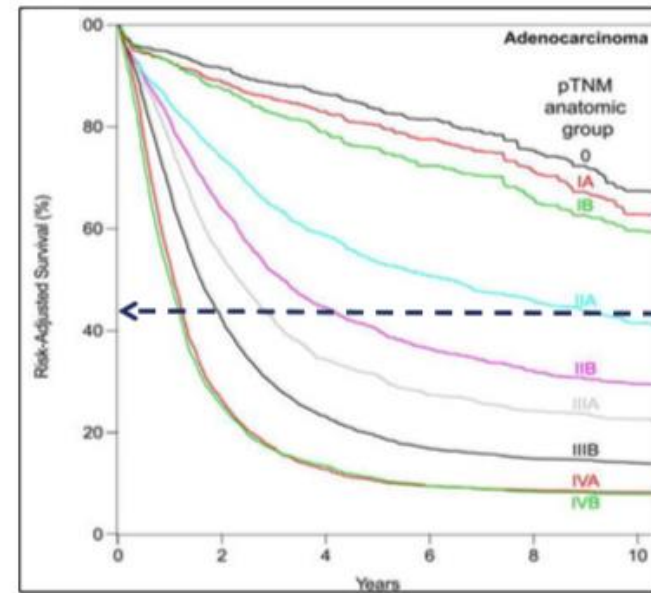
GASTRIC AND GASTROESOPHAGEAL CANCER NOMENCLATURE



SURVIVAL FROM OG CANCER WITH SURGERY ALONE



Gastric cancer OS surgery alone



Oesophageal adeno OS surgery alone

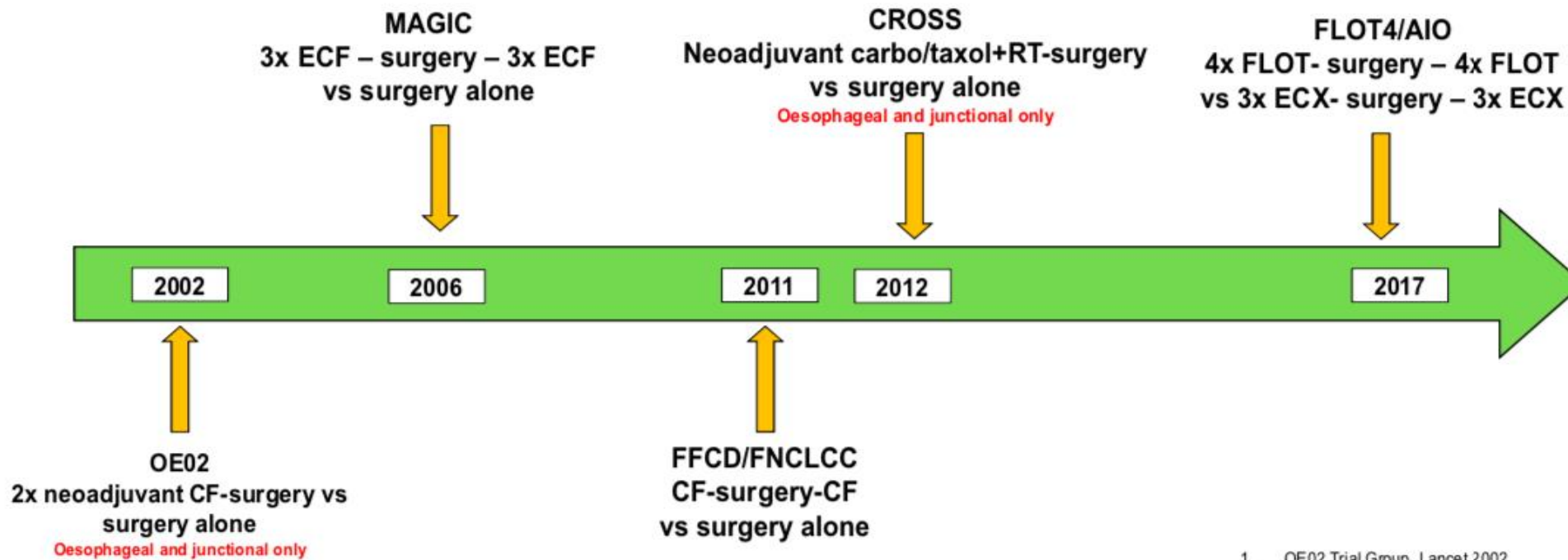
Treatment in addition to surgery is required for most patients

NEOADJUVANT AND PERIOPERATIVE CHEMOTHERAPY

EVOLUTION OF NEOADJUVANT AND PERI-OPERATIVE



EVOLUTION OF NEOADJUVANT AND PERI-OPERATIVE (CHEMO)THERAPY 2002 - 2017

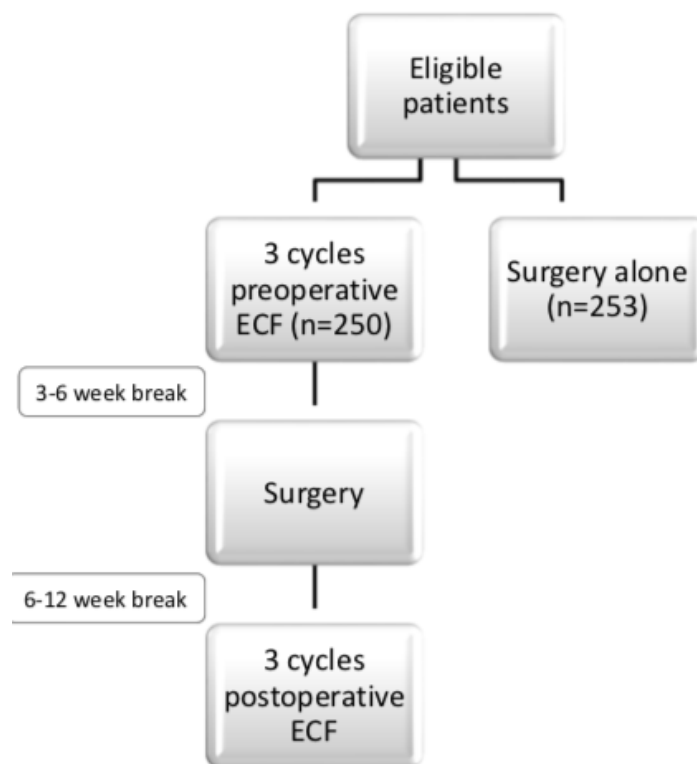


CF, cisplatin + 5-fluorouracil; ECF epirubicin + CF; FLOT. 5-fluorouracil, leucovorin, oxaliplatin, docetaxel

1. OE02 Trial Group, Lancet 2002
2. Cunningham D, et al. N Engl J Med 2006.
3. Ychou M, et al. J Clin Oncol. 2011
4. Van Hagen et al, N Engl J Med 2012
5. Al-Batran S, et al. ASCO Annual Meeting 2017



MEDICAL RESEARCH COUNCIL MAGIC TRIAL



Eligibility criteria

Stage \geq II gastric, gastroesophageal junction, or lower oesophageal adenocarcinoma (after 1999)

No metastases

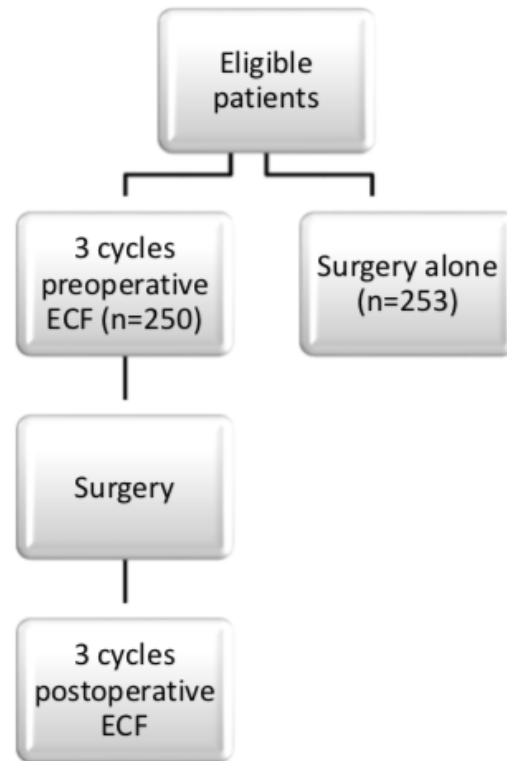
ECOG 0-1

MAGIC preoperative patient characteristics

	Surgery alone	Chemo + surgery
Median age	62	62
Sex		
Male	191 (75%)	205 (82%)
Female	62 (25%)	45 (18%)
Site of disease		
Gastric	187 (74%)	185 (74%)
Oesophagus	36 (14%)	37 (15%)
GOJ	30 (12%)	28 (11%)



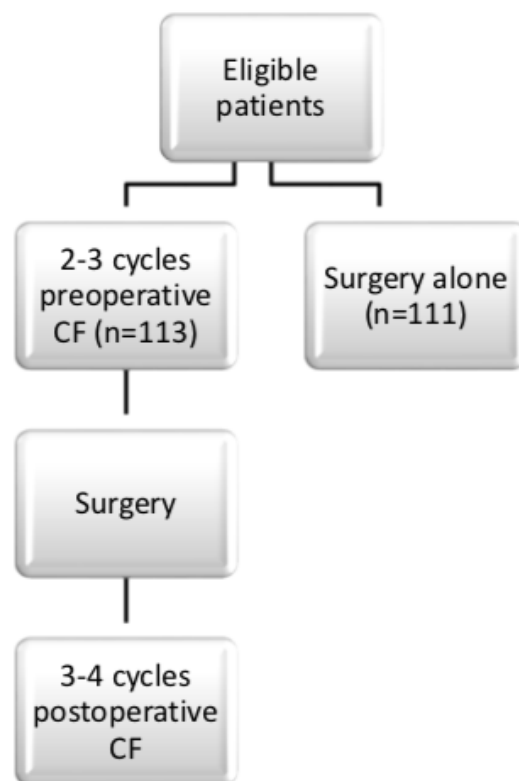
MEDICAL RESEARCH COUNCIL MAGIC TRIAL



MAGIC post-operative patient characteristics		
	Surgery alone	Chemo + surgery
Surgery		
Curative	66/250 (66%)	169/244 (69%)
Palliative	70/250 (28%)	44/244 (18%)
Other	17/250 (6%)	27/244 (13%)
ypT stage		
T1	16/193 (8%)	27/172 (16%)
T2	55/193 (29%)	62/172 (36%)
T3	106/193 (55%)	75/172 (44%)
T4	16/193 (8%)	8/172 (4%)
ypN Stage (gastric)		
N0	42/156 (27%)	42/135 (31%)
N1	68/156 (43%)	72/135 (53%)
N2	34/156 (23%)	19/135 (14%)
N3	12/156 (8%)	2/135 (2%)

Peri-operative chemotherapy leads to tumour **downstaging**

FFCD/FNCLCC TRIAL



Eligibility criteria

Lower oesophageal or GOJ adenocarcinoma (gastric after 1998)

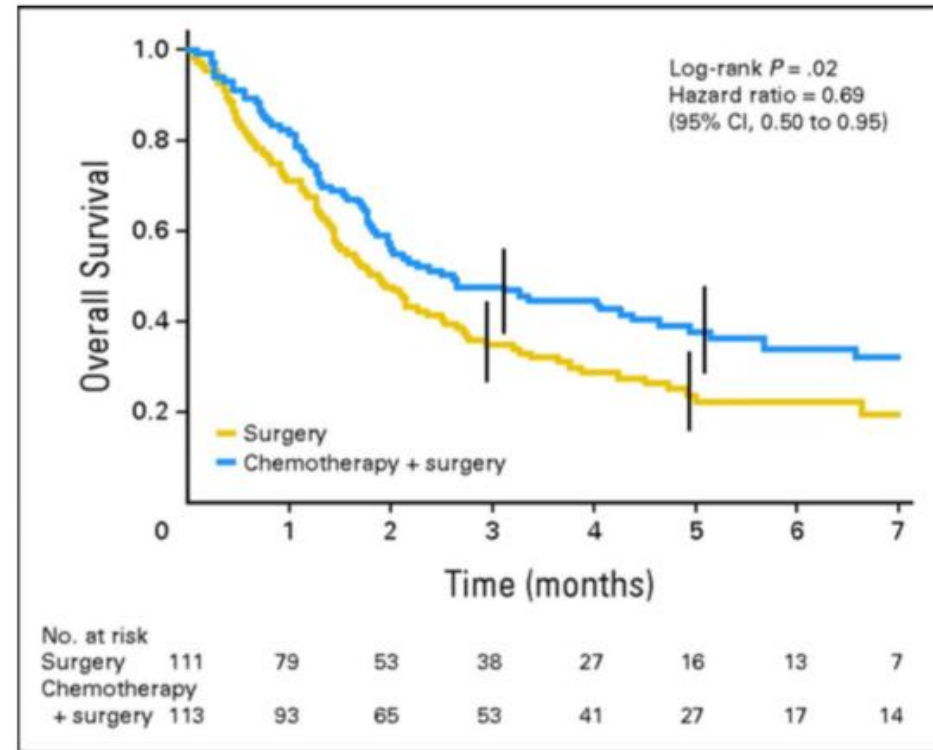
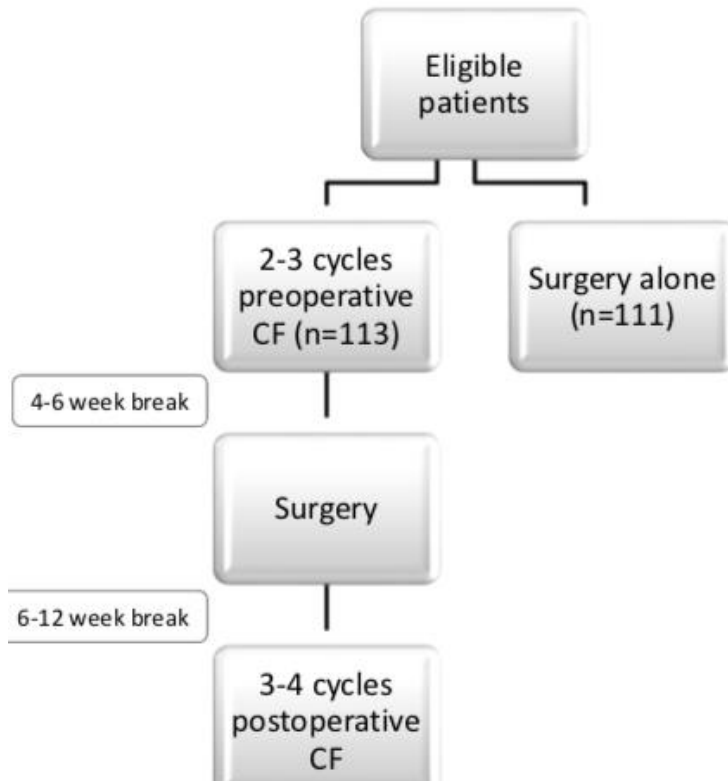
No metastases

ECOG 0-1

FFCD/ACCORD preoperative patient characteristics

	Surgery alone	Chemo + surgery
Median age	63	63
Sex		
Male	91 (82%)	96 (85%)
Female	20 (18%)	17 (15%)
Site of disease		
Gastric	28 (13%)	27(9%)
Oesophagus	15 (25%)	10 (24%)
GOJ	70 (62%)	74(67%)

FFCD/FNCLCC TRIAL



Absolute benefit in OS 14% (24% surgery vs. 38% chemo + surgery)



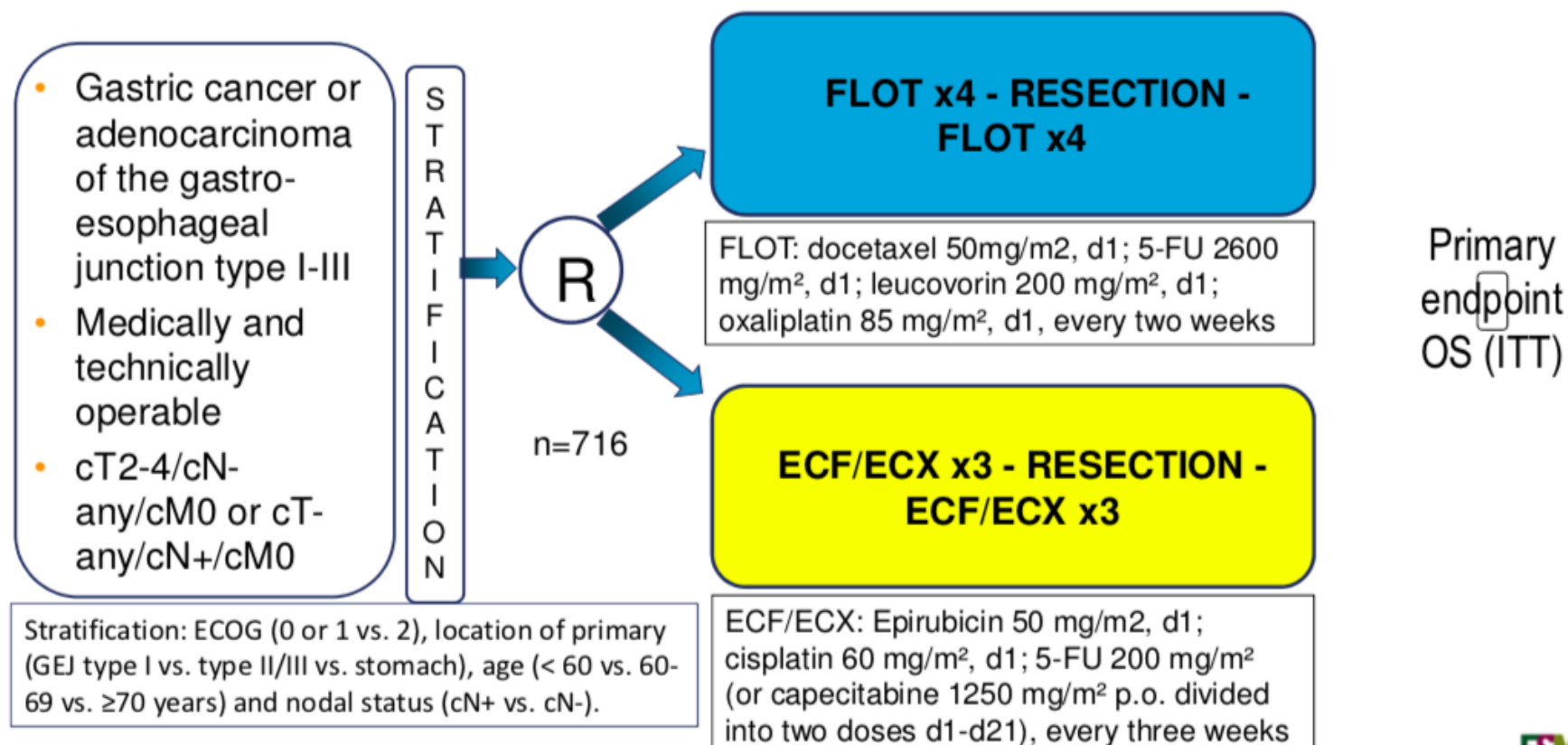
LESSONS FROM MAGIC AND FFCD TRIALS



1. ~10% of patients will not complete pre-operative chemotherapy
2. Approximately 50% of patients are not fit enough for post operative chemotherapy

	MAGIC 3 cycles ECF	FFCD/FNCLCC 2-3 cycles CF
Pre-operative chemotherapy	3 cycles: n= 215 (91%)	1 cycle: n=11 (10%) 2 cycles: n=85 (75%) 3 cycles: n= 13 (12%) 87% had minimum 2 cycles
Surgery	229 (92%)	109 (97%)
Post-operative chemotherapy	Any chemotherapy: n=137 (55%) 3 cycles: n= 104 (42%)	Any chemotherapy: n=54 (50%) 1 cycle: n=6 (6%) 2 cycles: n=7 (6%) 3 cycles: n= 16 (15%) 4 cycles: n=25 (23%)

NEW HORIZON IN PERI-OPERATIVE CHEMOTHERAPY





FLOT BASELINE CHARACTERISTICS



	ECF/ECX N=360		FLOT N=356	
Age				
median	62	-	62	-
>=70	87	24%	85	24%
Sex				
male	265	74%	268	75%
ECOG PS				
0	254	71%	246	69%
1	103	29%	109	31%
2	3	1%	1	<1%
Location				
GEJ Siewert type 1	85	24%	80	23%
GEJ Siewert type 2 or 3	115	32%	118	33%
Stomach	160	44%	158	44%



FLOT VS ECF/X SURGICAL OUTCOMES



	ECF/ECX (n=360)	FLOT (n=356)	
Resection surgery	313/360(87%)	336/356 (94%)	0.001
R0 resection rate	276/360 (77%)	300/356 (84%)	0.011
Any surgical complication	188/341 (55%)	188/345 (55%)	
Median duration hospital stay	16 days	15 days	
Death 90 days	26 (8%)	16 (5%)	

✓ Peri-operative FLOT chemotherapy increases the proportion of patients who undergo surgical resection and increases the R0 resection rate compared to ECF/ECX

✓ Surgical morbidity and mortality was not increased by use of FLOT chemotherapy



FLOT VS ECX PATHOLOGICAL OUTCOMES

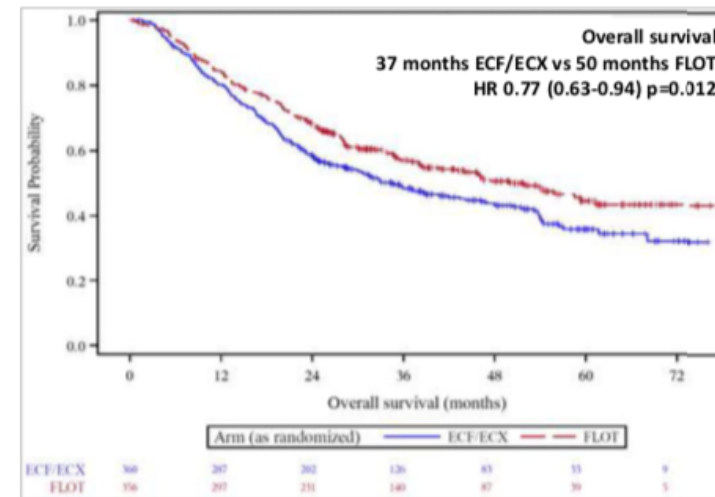
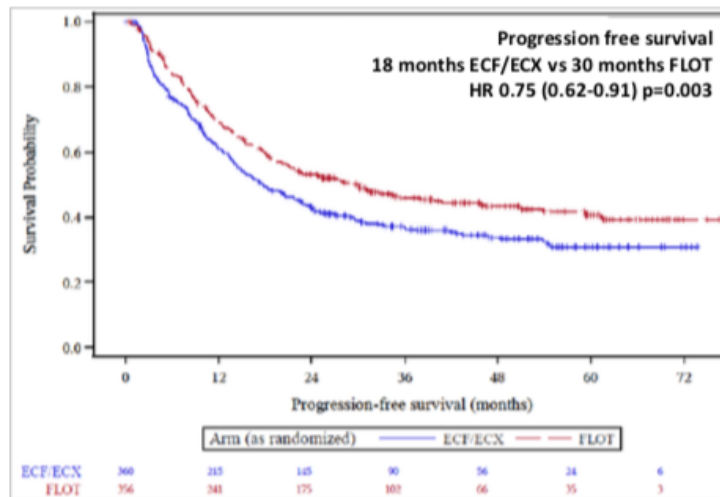


	ECF/ECX (n=360)	FLOT (n=356)	
ypT stage			
≤T1	53 (15%)	88(25%)	0.001
T2	44 (12%)	44(12%)	
T3	175 (49%)	165(46%)	
T4	47(13%)	37(10%)	
NA	41(11%)	22(6%)	
ypN stage			
N0	146(41%)	174(49%)	0.029
N1	44(12%)	55(16%)	
N2	54(15%)	47(13%)	
N3	73(20%)	57(16%)	
NA	43(12%)	23(7%)	

✓ Peri-operative FLOT chemotherapy increases the proportion of patients have pathological early stage tumours compared to ECF/X



FLOT IMPROVES PFS AND OS COMPARED TO ECF/X

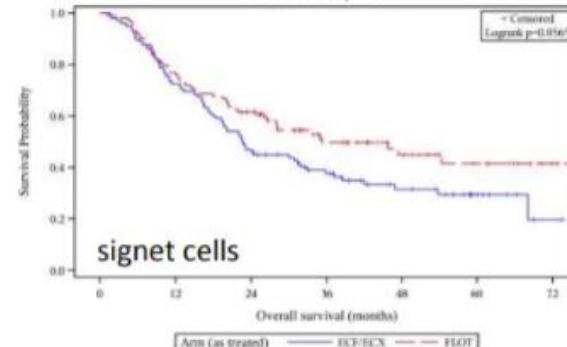
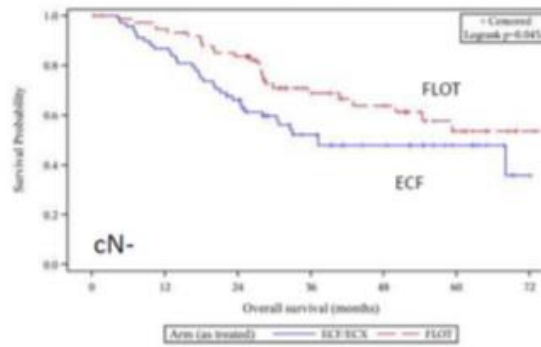
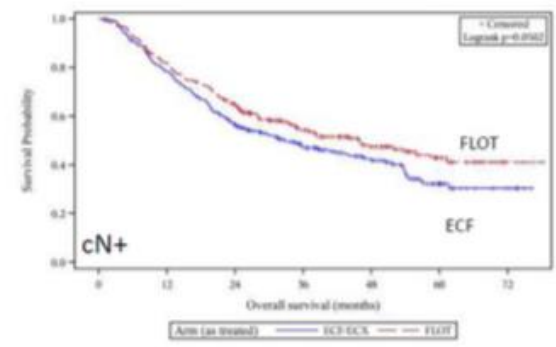
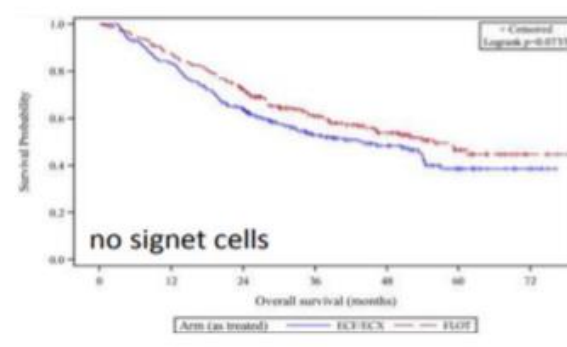
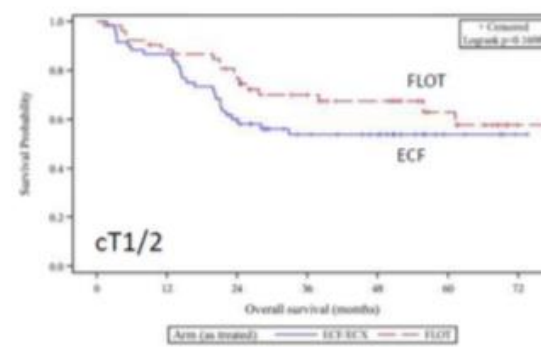
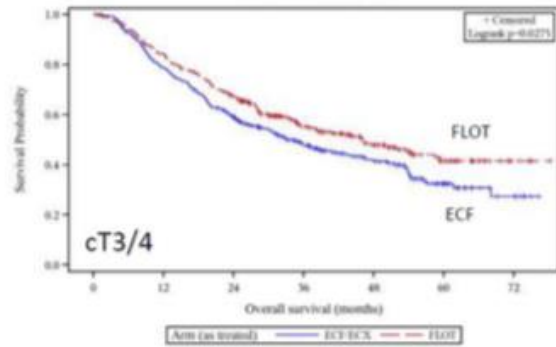


Projected PFS rates		
	ECF/X	FLOT
2 year	43%	53%
3 year	37%	46%
5 year	31%	41%

Projected OS rates		
	ECF/X	FLOT
2 year	59%	68%
3 year	48%	57%
5 year	36%	45%



BENEFIT OF FLOT IN ALL PROGNOSTIC GROUPS





FLOT VS ECF/X TOXICITY



Grade 3-4 >5%	ECF/ECX (N=354)	FLOT (N=354)	P-value (Chi-Square)
Diarrhea	13 (4%)	34 (10%)	0.002
Vomiting	27 (8%)	7 (2%)	<0.001
Nausea	55 (16%)	26 (7%)	0.001
Fatigue	38 (11%)	25 (7%)	
Infections	30 (9%)	63 (18%)	<0.001
Leukopenia	75 (21%)	94 (27%)	
Neutropenia	139 (39%)	181 (51%)	0.002
Sensory	7 (2%)	24 (7%)	0.002
Thromboembolic	22 (6%)	9 (3%)	0.03
Anemia	20 (6%)	9 (3%)	0.04



FLOT VS ECF/X TREATMENT TOLERABILITY



	ECF/ECX (n=360)	FLOT (n=356)
Completed pre-operative chemo	327 (91%)	320 (90%)
Surgery	340 (94%)	336 (94%)
Started post-operative chemo	187 (52%)	213 (60%)
Completed protocol post-op chemo	133 (37%)	162 (46%)

✓ Patients treated with FLOT were more likely to commence post-operative chemotherapy, and those who commenced post-operative FLOT were more likely to complete post-operative chemotherapy

PERI-OPERATIVE CHEMOTHERAPY: TAKE HOME MESSAGES



FLOT is the new gold standard treatment for patients who receive peri-operative chemotherapy and surgery for operable gastroesophageal cancer

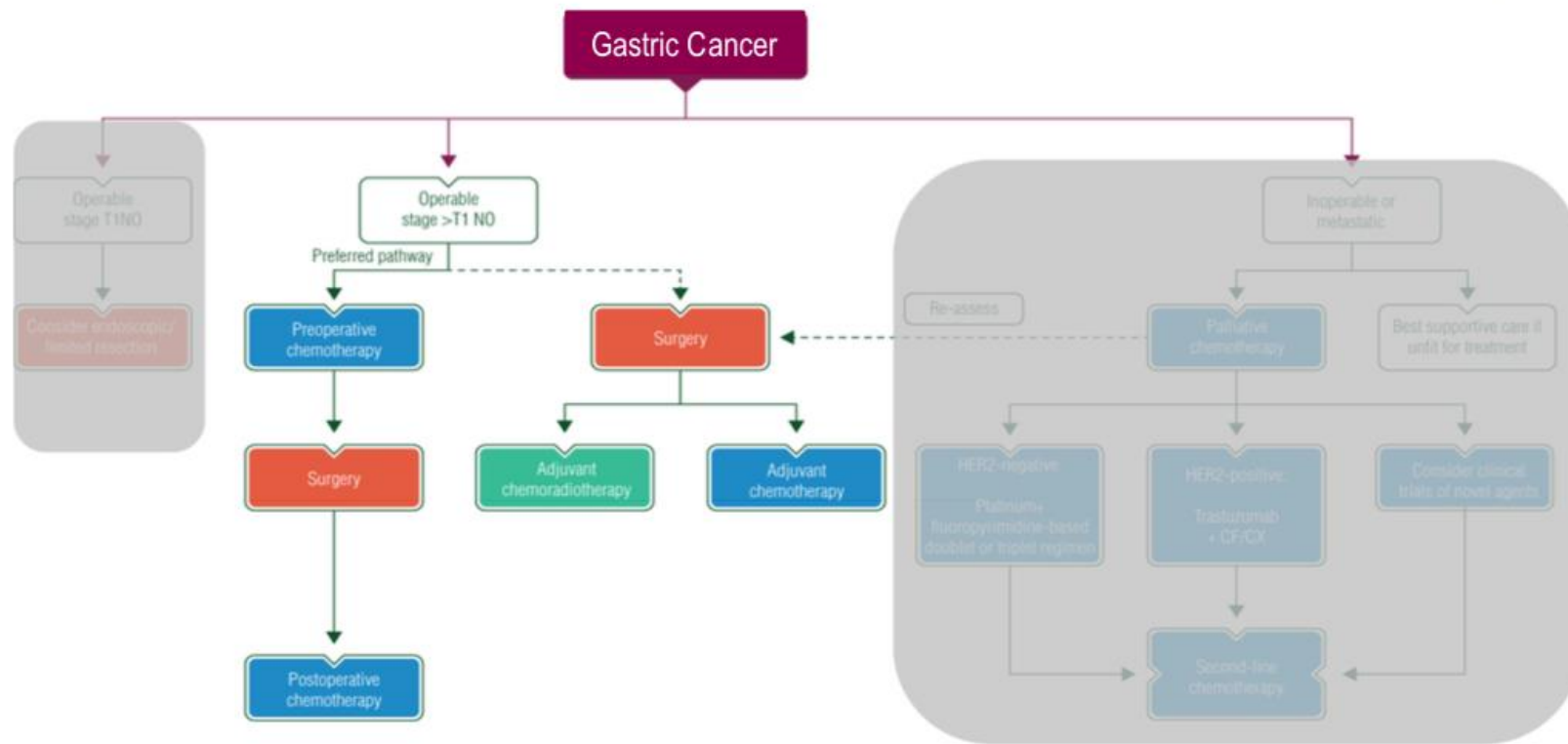
In patients are not suitable for triplet chemotherapy, doublet chemotherapy can be considered

Doublets can be cisplatin or oxaliplatin based

5 year projected OS with FLOT is **45%**, therefore there is still **more work** to do to improve survival for patients treated with peri-operative chemotherapy

ADJUVANT CHEMOTHERAPY

ESMO GASTRIC CANCER GUIDELINES



The role of chemotherapy:
Main studied adjuvant modalities

SCIENTIFIC EVIDENCES...



Post-operative CT

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY

...Meta-analyses

Author	N° of studies	ODDs Ratio/Hazard Ratio for death
Hermans , JCO 1993	11	OR 0.88 (95% CI 0.78-1.08)
Earle , EJC 1999	13	OR 0.80 (95% CI 0.66-0.97)
Mari , Ann Onc 2000	20	OR 0.82 (95% CI 0.75-0.89)
Gianni , Ann Onc 2001	17	OR 0.72 (95% CI 0.62-0.84)
Janunger , Eur J Surg 2002	21	OR 0.84 (95% CI 0.74-0.96)
Panzini , Tumori 2002	17	OR 0.72 (95% CI 0.62-0.84)

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY

...Meta-analyses...What's the problem?

METHODOLOGICAL LIMITS OF META-ANAYSES:

- 1.** Literature-Based (selection bias)
- 2.** Heterogeneous criteria for selections of patients and for selections of studies
- 3.** Studies with low statistical power
- 4.** Old chemotherapy regimens

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY



[274pts]

Etoposide-Adriamycin-cisPlatin* (x 2) → FU/LV (x 2)

1992-97

Surgery



[260pts]

FU icp x 5 d → FU icp x 5 d - cisPlatin* d 2 (x 4)

1989-97

Surgery



[258pts]

cisPlatin* Epirubicin-Leucovorin-FU (x 4)

1995-00

Surgery

* CDDP-based chemotherapy



[228pts]

Epirubicin-Lederfolin-FU-Etoposide (x 6)

1996-01

Surgery



[400pts]

cisPlatin-Epirubicin-Leucovorin-FU (x 4)

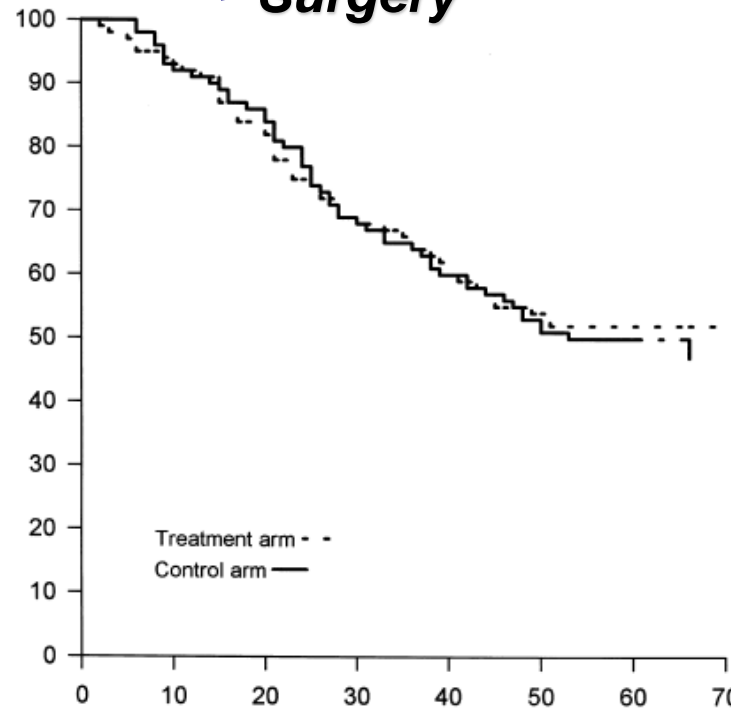
1998-03

FU/LV (x 4)

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY



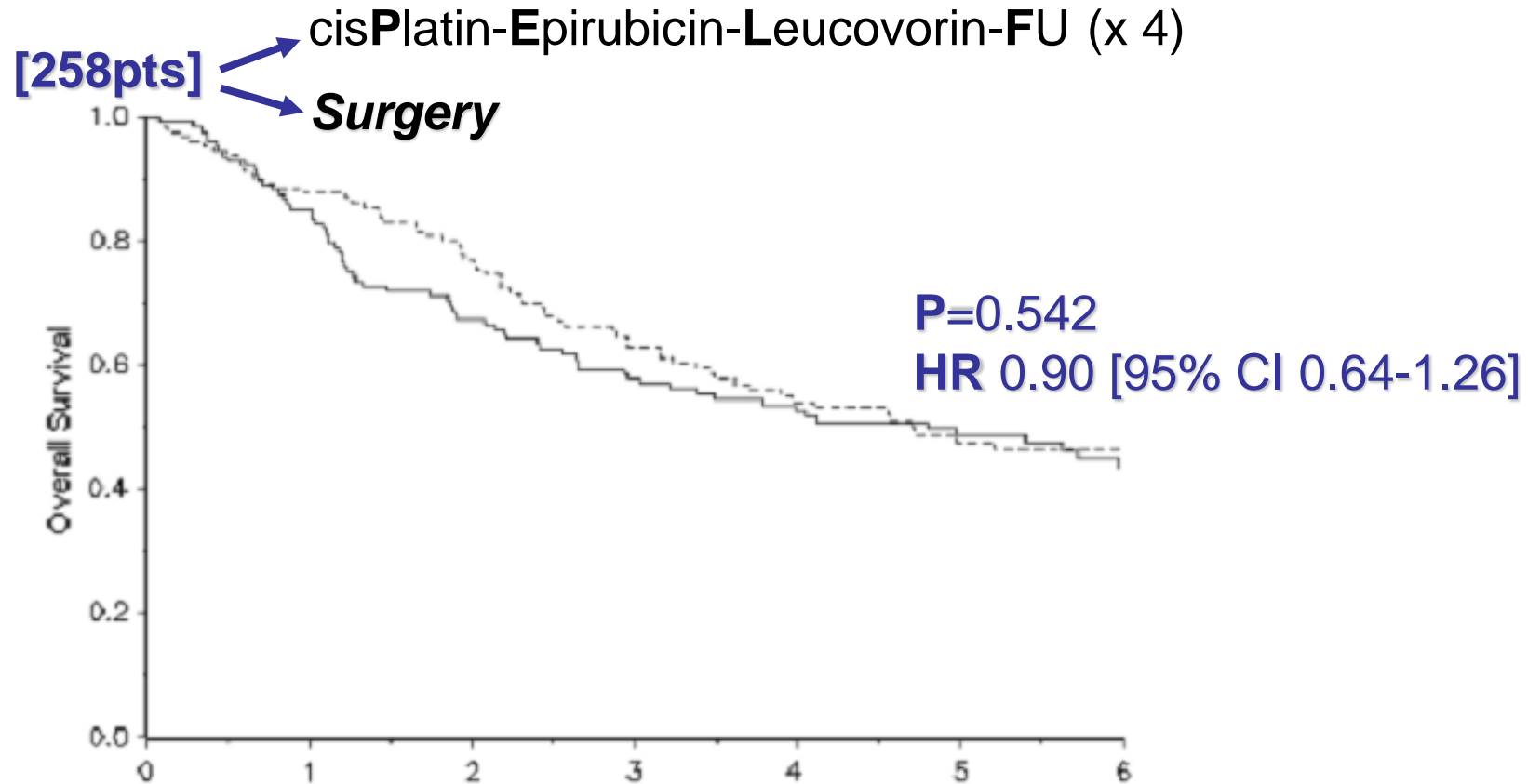
[274pts] → Etoposide-Adriamycin-cisPlatin (x 2) → FU/LV (x 2)
→ **Surgery**



P = 0.22
HR 0.93 [95% CI 0.65-1.34]

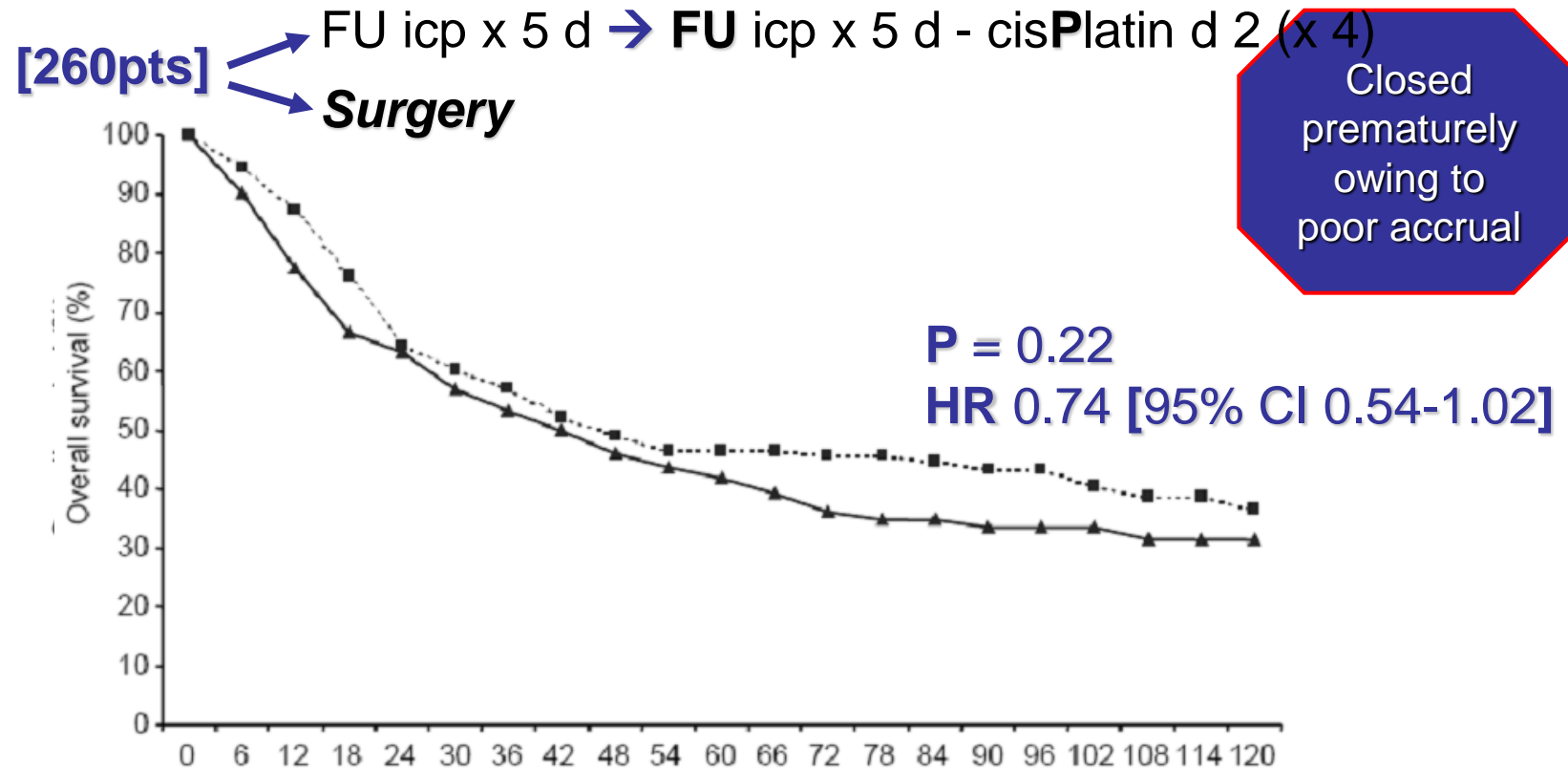
5-year OS: 52% (CT arm) vs 48% (f-up arm)

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY



5-year OS: 47.6% (CT arm) vs 48.7% (f-up arm)

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY



5-year OS: 46.6% (CT arm) vs 41.9% (f-up arm)

Bouchè, Ann Oncol 2005

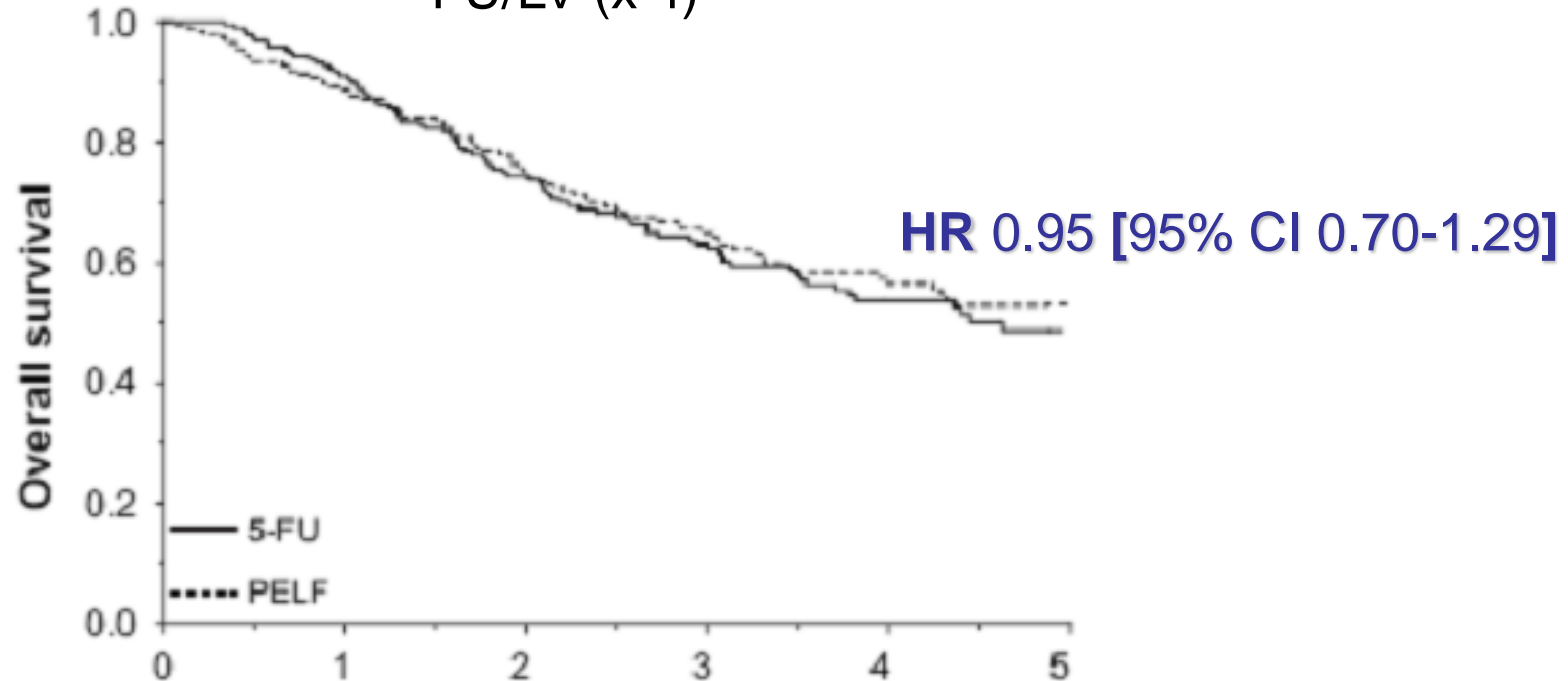
SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY



[400pts]

cisPlatin-Epirubicin-Leucovorin-FU (x 4)

FU/LV (x 4)








5-year OS: **52%** (PELFW) vs **50%** (5-FU)

Cascinu, JNCI 2007






SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY

...After Meta-analyses

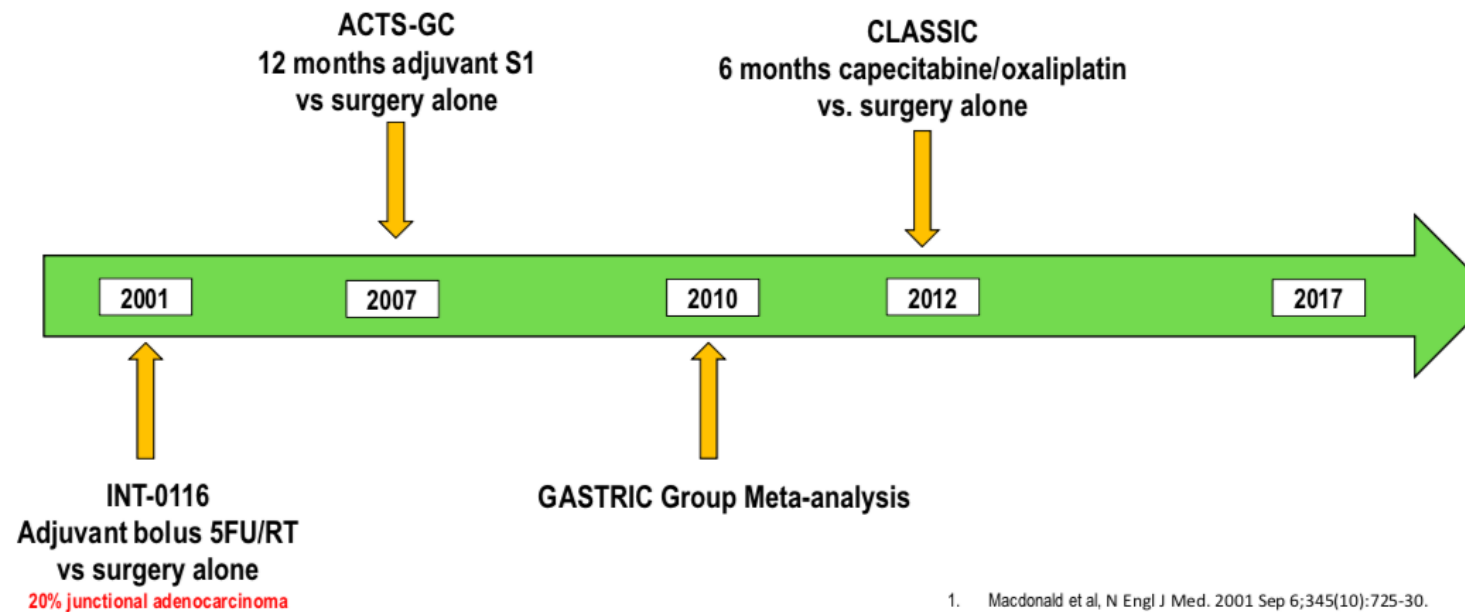
Trial	CT	N° p	↑ 5-OS rate	↑ 5DFS rate
	EAP → 5-FU/LV	274	4% (p=0.7)	5% (p=0.29)
	PELF	200	1% (p=0.54)	
	5-FU → FUP	278	5% (p=0.22)	8% (p=0.19)
 <small>Gruppo Italiano per lo studio dei Carcinomi Apparato Digerente</small>	PELFW vs FU/LV	400	2% (n.s.)	1% (n.s.)
 GOIM	ELFE	228	4,5% (p=0.6)	5% (p=0.3)

SCIENTIFIC EVIDENCES ABOUT POST-OPERATIVE ADJUVANT CHEMOTHERAPY

...After Meta-analyses...What's the problem?

Trial	CT	N° p	↑ 5-OS rate	↑ 5DFS rate
	EAP → 5-FU/LV	274	4% (p=0.7)	5% (p=0.29)
	PELF	200	1% (p=0.54)	
	5-FU → FUP	278	5% (p=0.22)	8% (p=0.19)
 <small>Gruppo Italiano per lo studio dei Carcinomi Apparato Digerente</small>	PELFW vs FU/LV	400	2% (n.s.)	1% (n.s.)
 GOIM	ELFE	228	4,5% (p=0.6)	5% (p=0.3)

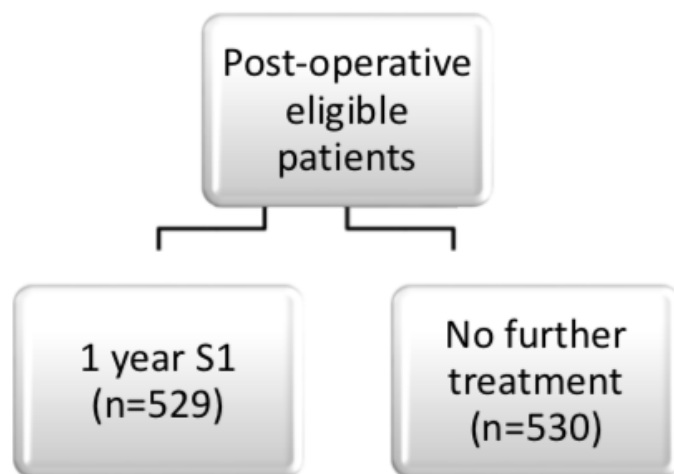
EVOLUTION OF ADJUVANT (CHEMO)THERAPY FOR GASTRIC CANCER 2001 - 2017



1. Macdonald et al, N Engl J Med. 2001 Sep 6;345(10):725-30.
2. Sakuramoto et al, N Engl J Med. 2007 Nov 1;357(18):1810-20.
3. Bang et al, Lancet. 2012 Jan 28;379(9813):315-21.
4. Pignon et al, JAMA. 2010 May 5;303(17):1729-37.



ACTS-GC TRIAL



Primary Endpoint

Overall survival

Secondary endpoints

Relapse free survival & safety

Eligibility criteria

Stage \geq II (no T1), IIIA or IIIB gastric adenocarcinoma

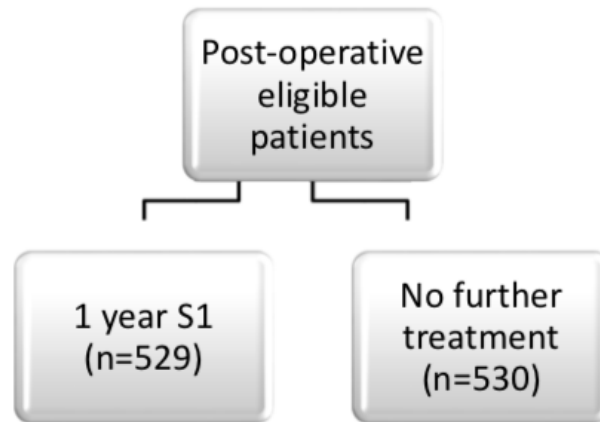
D2 resection minimum

ACTS-GC patient characteristics

	Surgery alone	Chemo + surgery
Median age	63	63
Sex		
Male	369 (70%)	367 (71%)
Female	161 (30%)	162 (29%)
Stage of cancer		
II	282 (53%)	264 (50%)
III	213 (40%)	224 (42%)
IV	35 (7%)	40 (8%)



ACTS-GC TRIAL



Primary Endpoint

Overall survival

Secondary endpoints

Relapse free survival & Safety

Update ESMO 2017 OPAS-1 study
6 months of S1 not inferior to 12 months



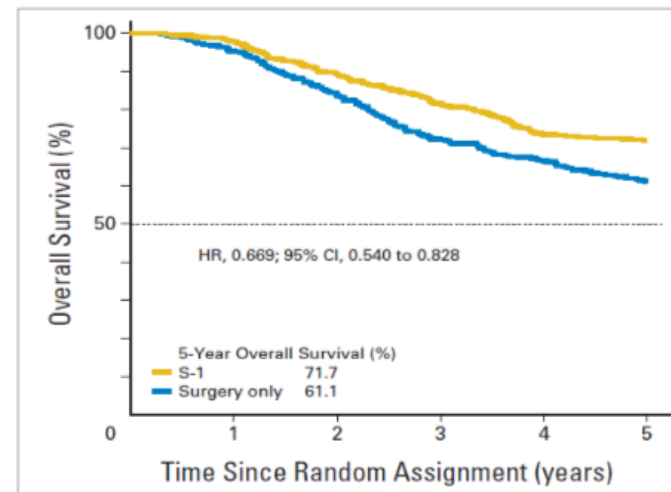
Updated 5 year survival S1 vs surgery alone

All patients 5 year OS 72% vs. 61%

Stage II 5 year OS 84% vs 71%

Stage IIIA 5 year OS 67% vs 57%

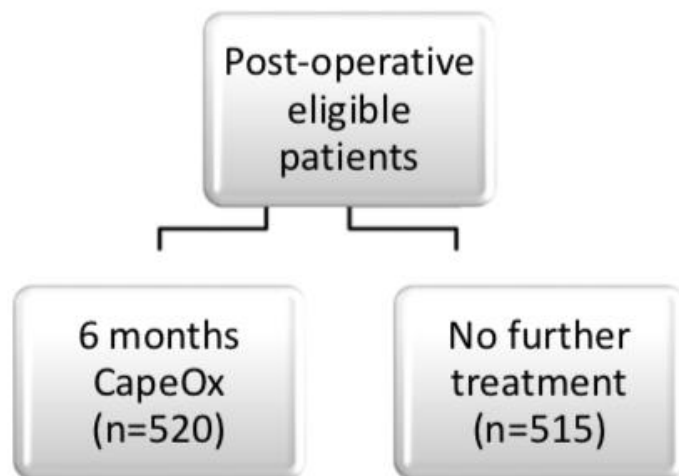
Stage IIIB 5 year OS 50% vs 44%



Sasako et al, J Clin Oncol. 2011 Nov 20;29(33):4387-93.



CLASSIC TRIAL



Primary Endpoint

3 year disease free survival

Secondary endpoints

Overall survival & safety

Eligibility criteria

Stage \geq II, IIIA or IIIB gastric adenocarcinoma

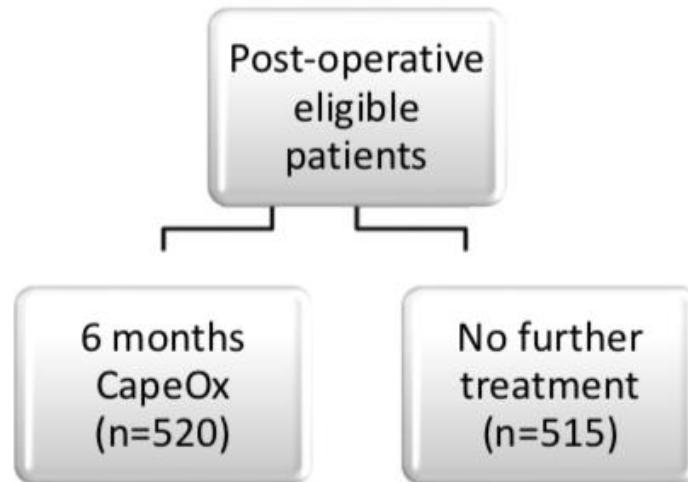
D2 resection minimum

CLASSIC patient characteristics

	Surgery alone	Chemo + surgery
Median age	56	56
Sex		
Male	358 (70%)	373 (72%)
Female	157 (30%)	147 (28%)
Stage of cancer		
II	261 (51%)	253 (49%)
III	253 (49%)	266 (51%)
IV	1 (<1%)	0 (0%)



CLASSIC TRIAL



Primary Endpoint

3 year disease free survival

Secondary endpoints

Overall survival & safety

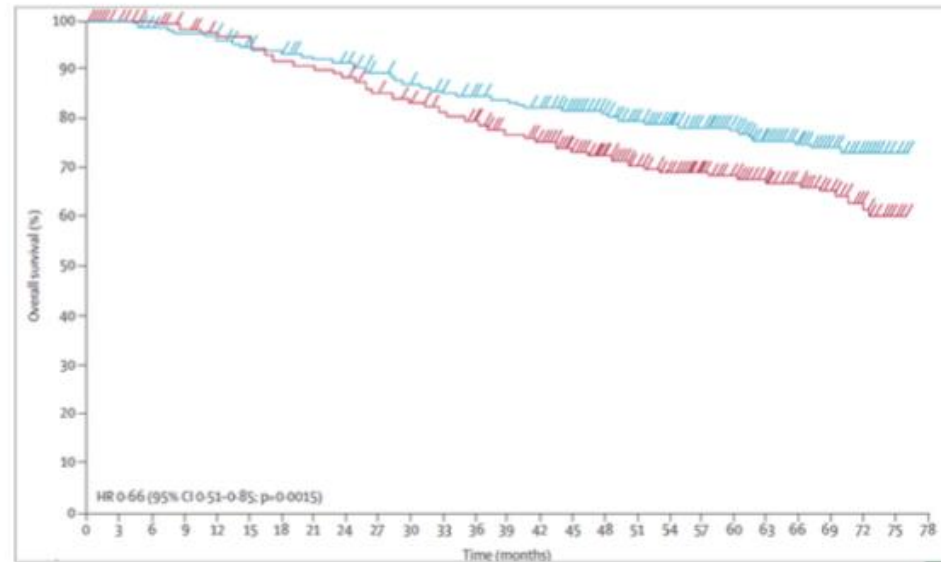
5 year updated survival CapeOx vs surgery alone

All patients 5 year OS 78% vs 69%

Stage II 5 year OS 88% vs 79%

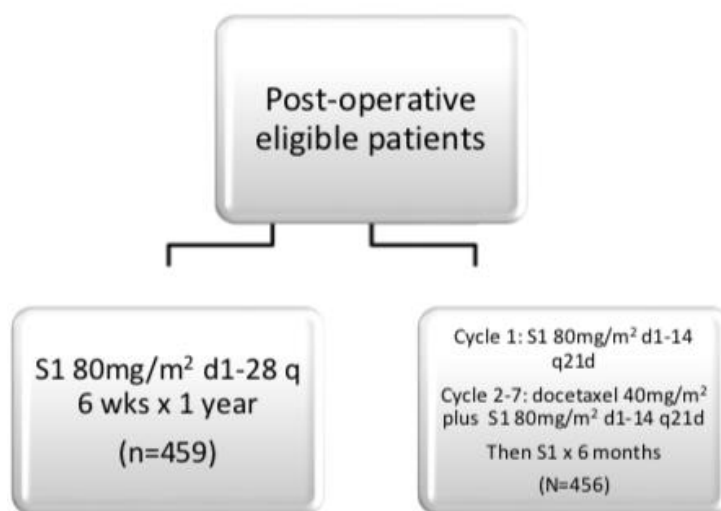
Stage IIIA 5 year OS 70% vs 63%

Stage IIIB 5 year OS 66% vs 45% (compare ACTS GC 50% vs. 44%)



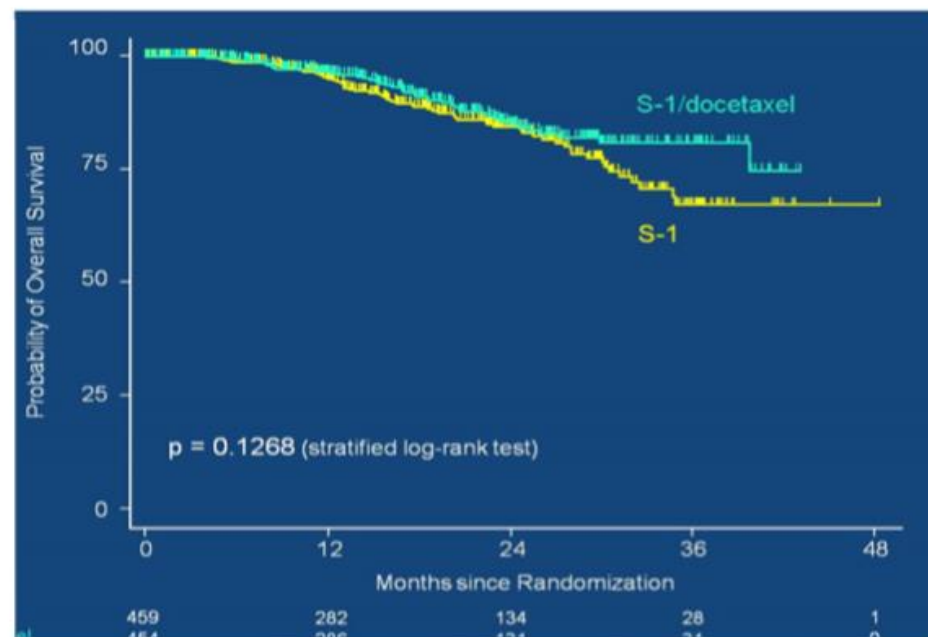


JACRO-07



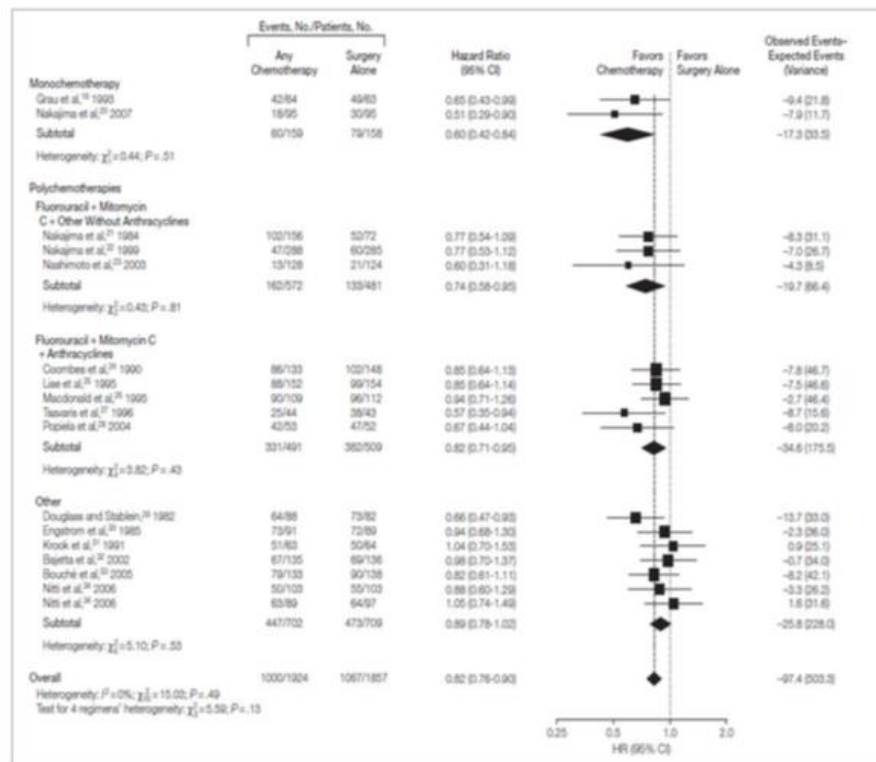
Primary Endpoint
3 year relapse free survival

Secondary endpoints
Overall survival & safety



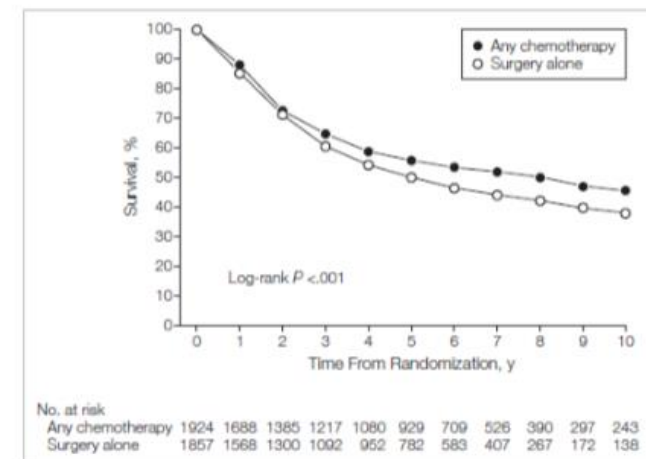
Overall survival

ADJUVANT CHEMOTHERAPY FOR NON-ASIAN PATIENTS



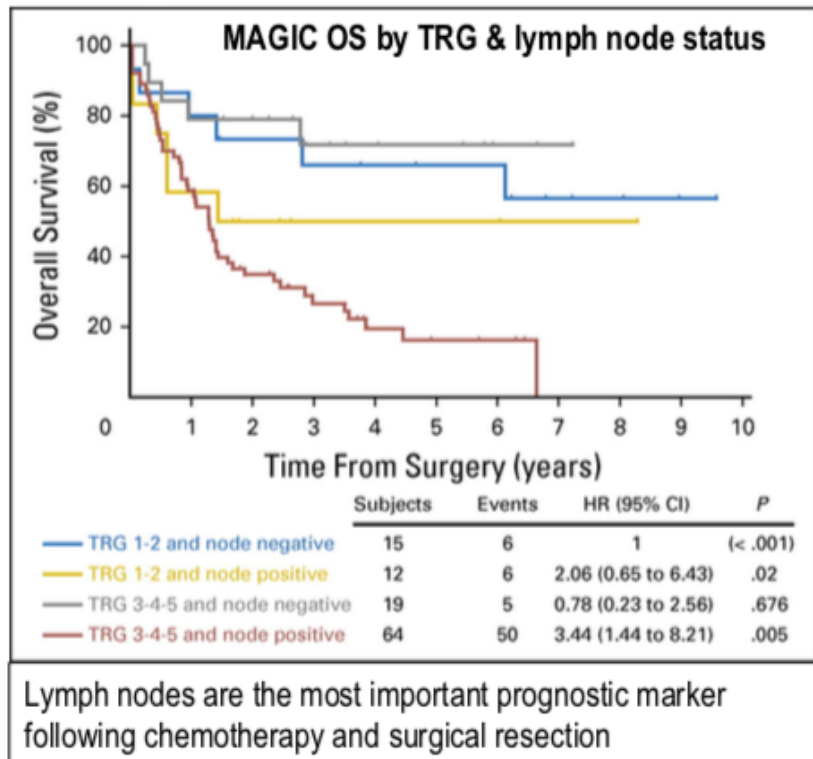
Neoadjuvant or peri-operative chemotherapy is preferred due to the downstaging effects associated with this.

The GASTRIC group meta-analysis suggests a 5.8% absolute OS benefit at 5 years (55.3% to 49.6%) for patients treated with adjuvant chemotherapy .



BIOMARKERS FOR PERIOPERATIVE CHEMOTHERAPY

RISK STRATIFICATION USING TUMOUR REGRESSION GRADING



EORTC VESTIGE Study design

CI: F. Lordick

Gastric or EGI adenocarcinoma stage Ib-IV

Completed pre-operative chemo with a fluoropyrimidine-platinum containing regimen

Duration of neoadjuvant chemotherapy: 6 weeks - 12 weeks

Total or partial gastrectomy with at least D1 LND; Minimum of 15 lymph nodes evaluated

Age ≥ 18 years

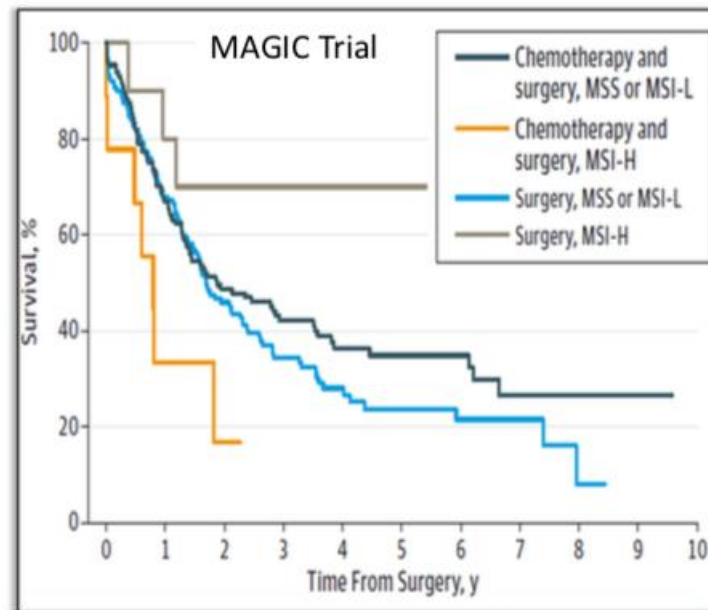
Control arm: Postoperative chemotherapy (completion of the perioperative tx) according to standards:
Fluoropyrimidine/platinum based
(CF/CX/ECF/ECX/EOX/FOLFOX/
CapeOx/FLOT/DCF).

Experimental arm:
Nivolumab 3mg/kg q2w x 1y
Ipilimumab 1mg/kg q6wx 1y

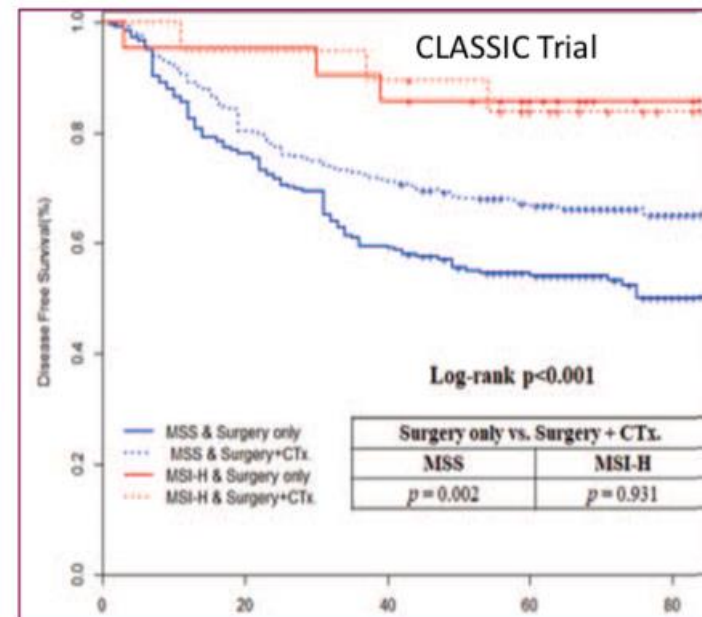
Follow-up:

- Clinical examination and CT scan of the chest and abdomen every 3 months during year 1 and 2 following randomization
- and then every 6 months until year 5 or death or documented recurrence

MSI FOR PERSONALISED TREATMENT IN RESECTABLE GC

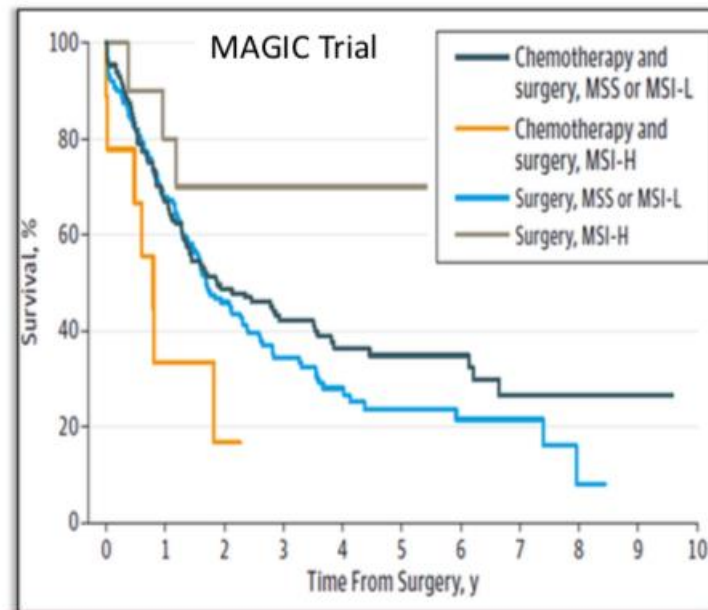


No benefit to perioperative chemotherapy in MSI-H gastric cancer, possible detriment observed (small numbers)

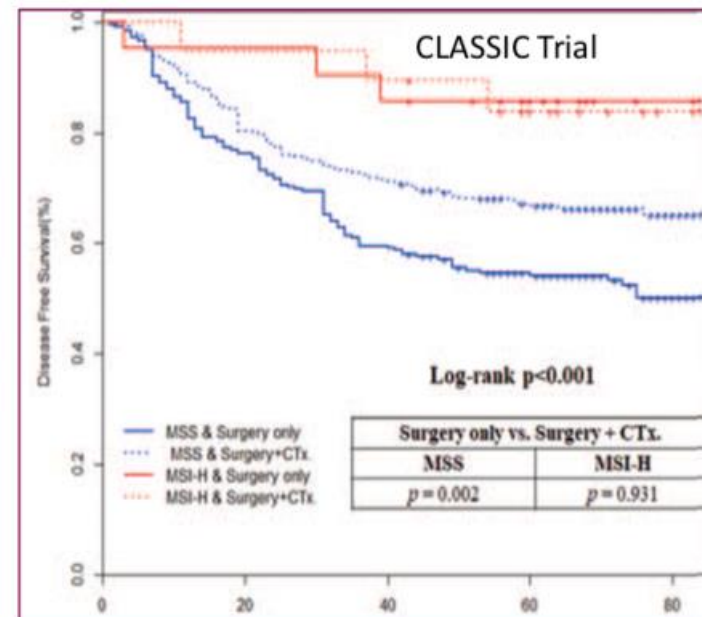


No benefit to adjuvant chemotherapy in MSI-H gastric cancer

MSI FOR PERSONALISED TREATMENT IN RESECTABLE GC

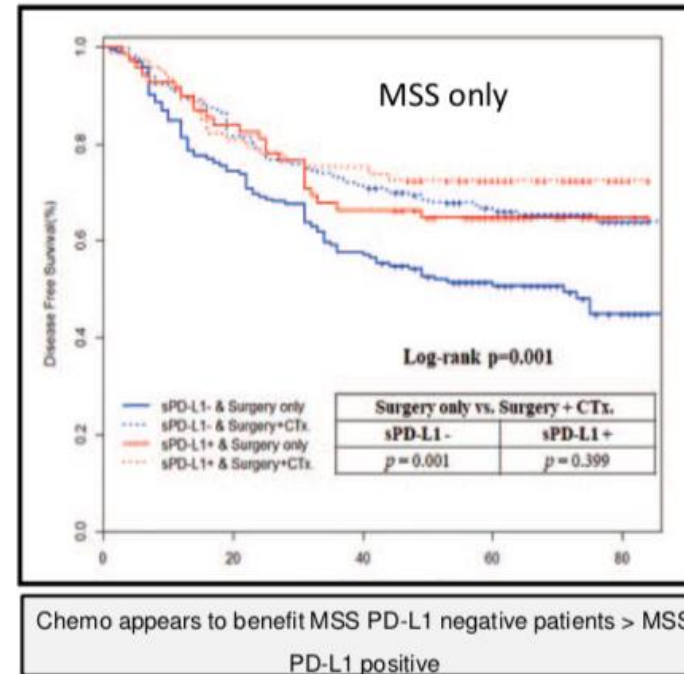
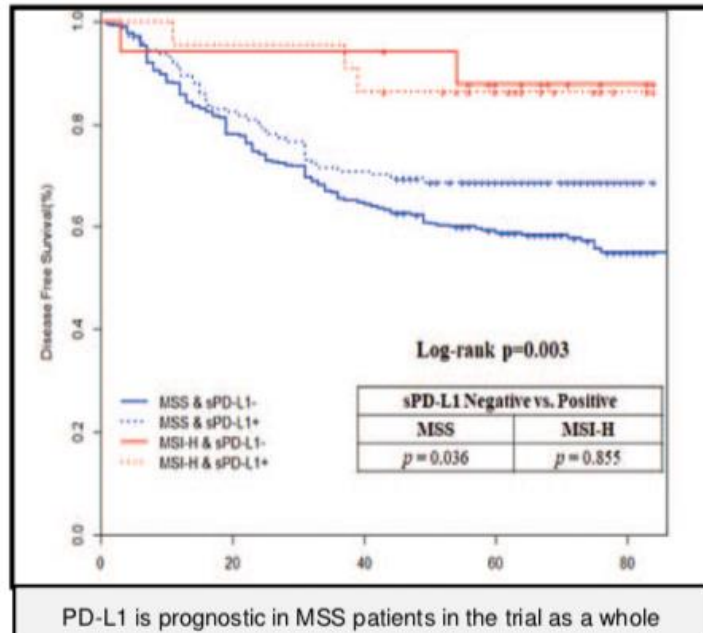


No benefit to perioperative chemotherapy in MSI-H gastric cancer, possible detriment observed (small numbers)



No benefit to adjuvant chemotherapy in MSI-H gastric cancer

PD-L1 AS A BIOMARKER IN OPERABLE GC: PROGNOSTIC AND PREDICTIVE EFFECTS OF MSI AND PD-L1 IN CLASSIC



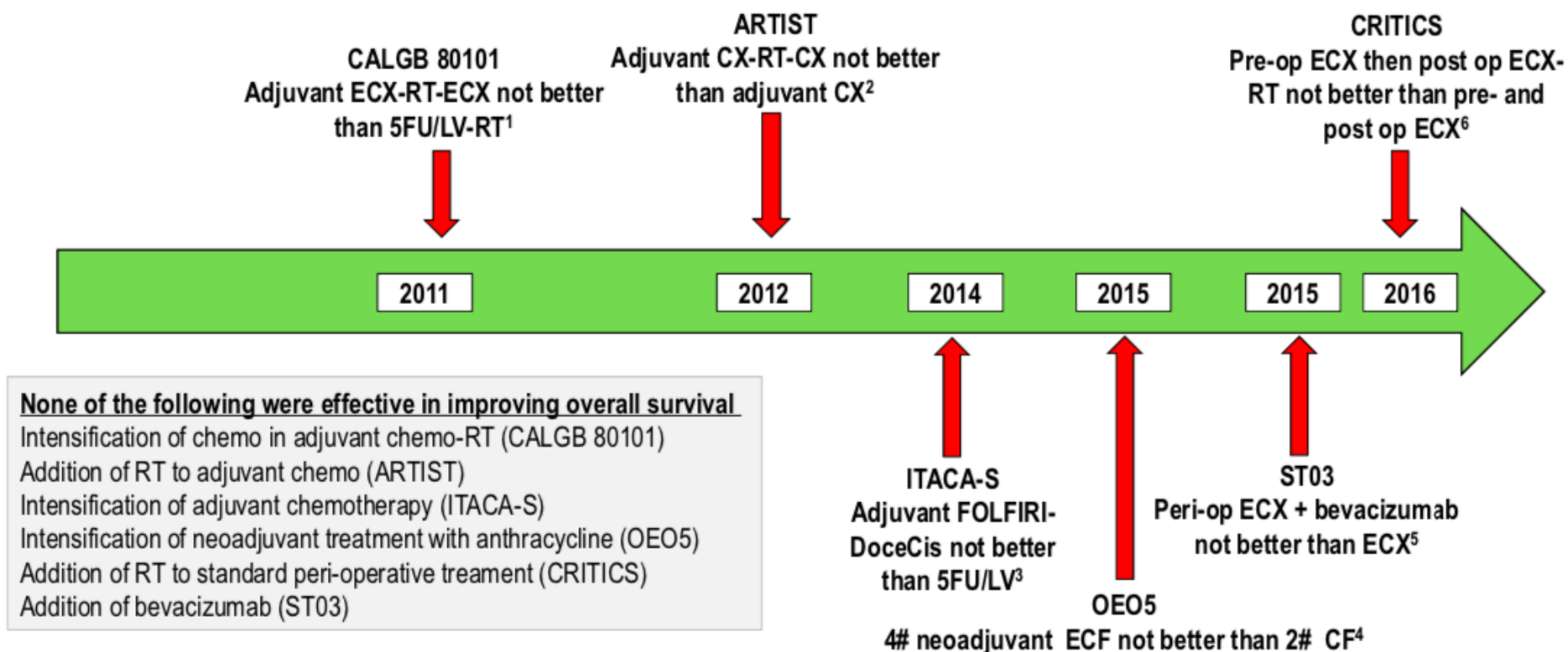
BIOMARKERS

Take home messages

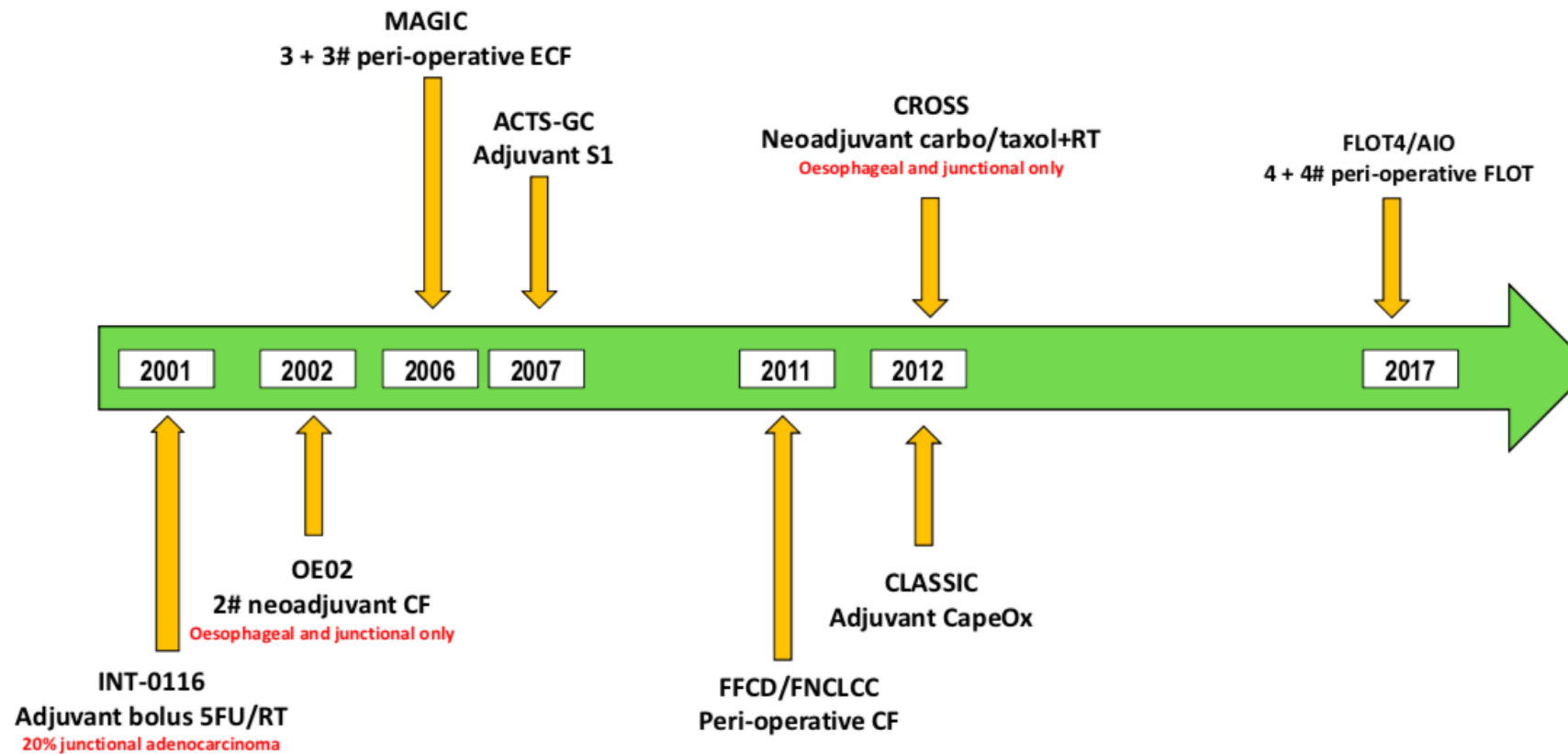
- . Lymph node metastases are a more important prognostic marker than tumour regression grade
- . Mismatch repair deficient tumours do not appear to benefit from perioperative or neoadjuvant chemotherapy
- . Gene signatures show promise for selection for chemotherapy, however require prospective validation.

NEGATIVE TRIALS OF (NEO)ADJUVANT TREATMENT 2012-2016

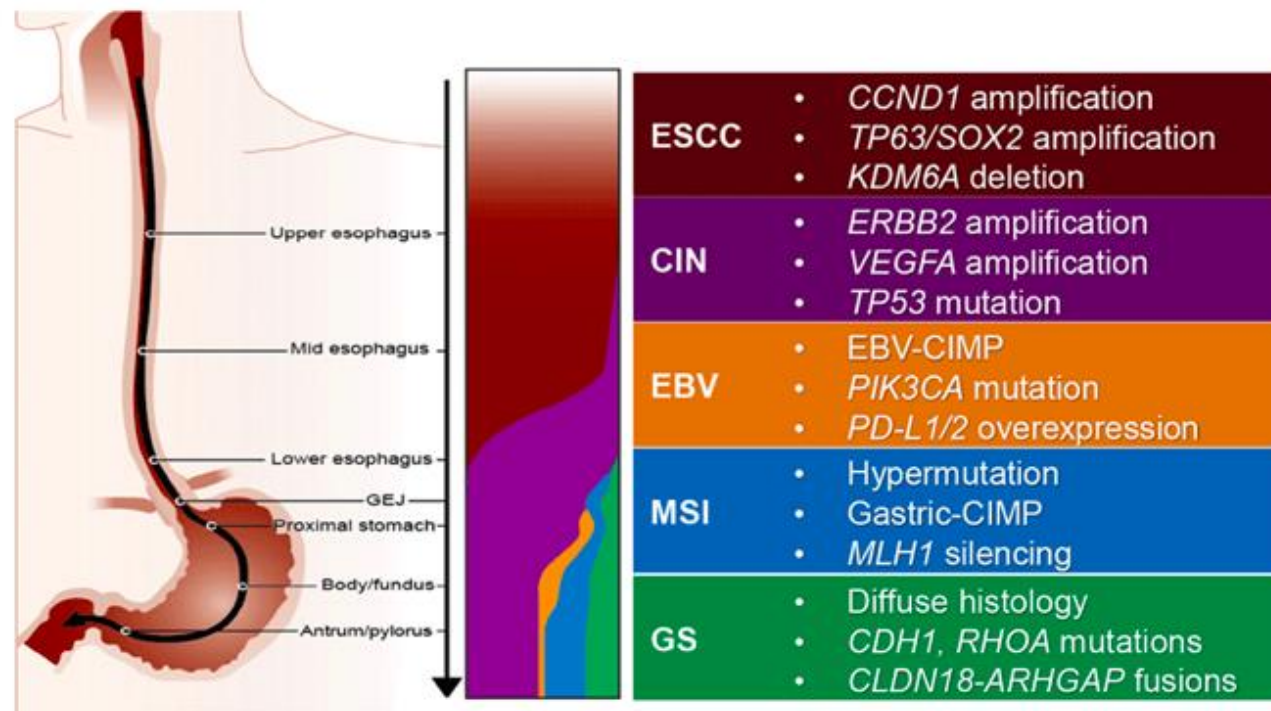
More is not always better



EVOLUTION OF (NEO)ADJUVANT TREATMENT 2002 - 2017



Gradations of Molecular Subclasses of Gastroesophageal Carcinoma¹



CHEMOTHERAPY VS. CHEMORADIOOTHERAPY

CHEMOTHERAPY VS CHEMORADIOOTHERAPY

An ongoing debate

For **GASTRIC** adenocarcinomas **peri-operative chemotherapy (FLOT)** is preferred to post-operative chemotherapy or post-operative chemoradiotherapy because:

- More patients are able to receive chemotherapy before surgery than afterwards.
- Downstaging due to chemotherapy increases rates of R0 resections

However, in cases where surgery has been performed without neoadjuvant chemotherapy, adjuvant treatment may be considered.

For **GASTROESOPHAGEAL JUNCTIONAL (Siewert Type I/II)** and **OESOPHAGEAL** adenocarcinoma

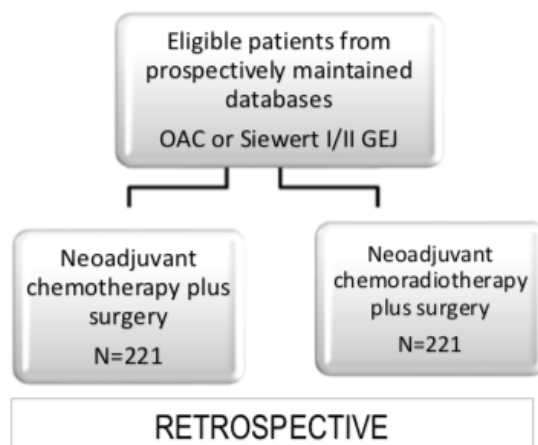
Perioperative chemotherapy and neoadjuvant chemoradiotherapy are both reasonable choices

Patients selection for treatment depends on the characteristics of the patient, the tumour and local expertise

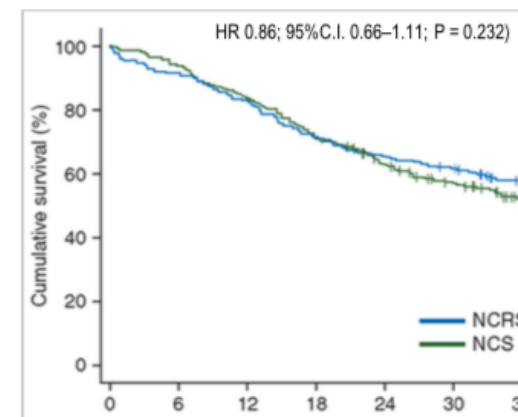


CHEMOTHERAPY VS CHEMORADIO THERAPY

Propensity matched analysis neoadjuvant chemotherapy vs CRT



Study Outcomes		
	nCT	nCRT
R0	165 (78%)	204 (92%)
Path CR	11 (5%)	59 (27%)
30 day mortality	1.4%	4.1%
Leak	6.8%	23.1%



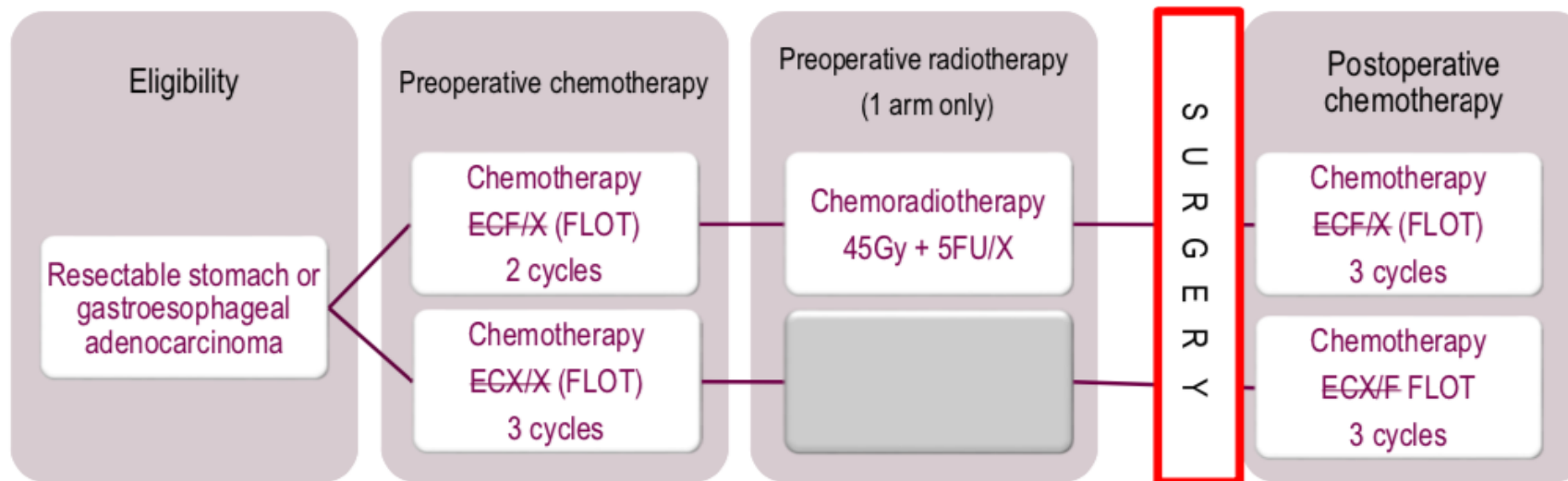
This multicentre European analysis matched patients with resectable oesophageal and Siewert Type I and II junctional cancers treated with neoadjuvant chemotherapy or chemoradiotherapy.

Compared with chemotherapy CRT is associated with improvements in R0 resection rates and pathological complete response, but not in overall survival.

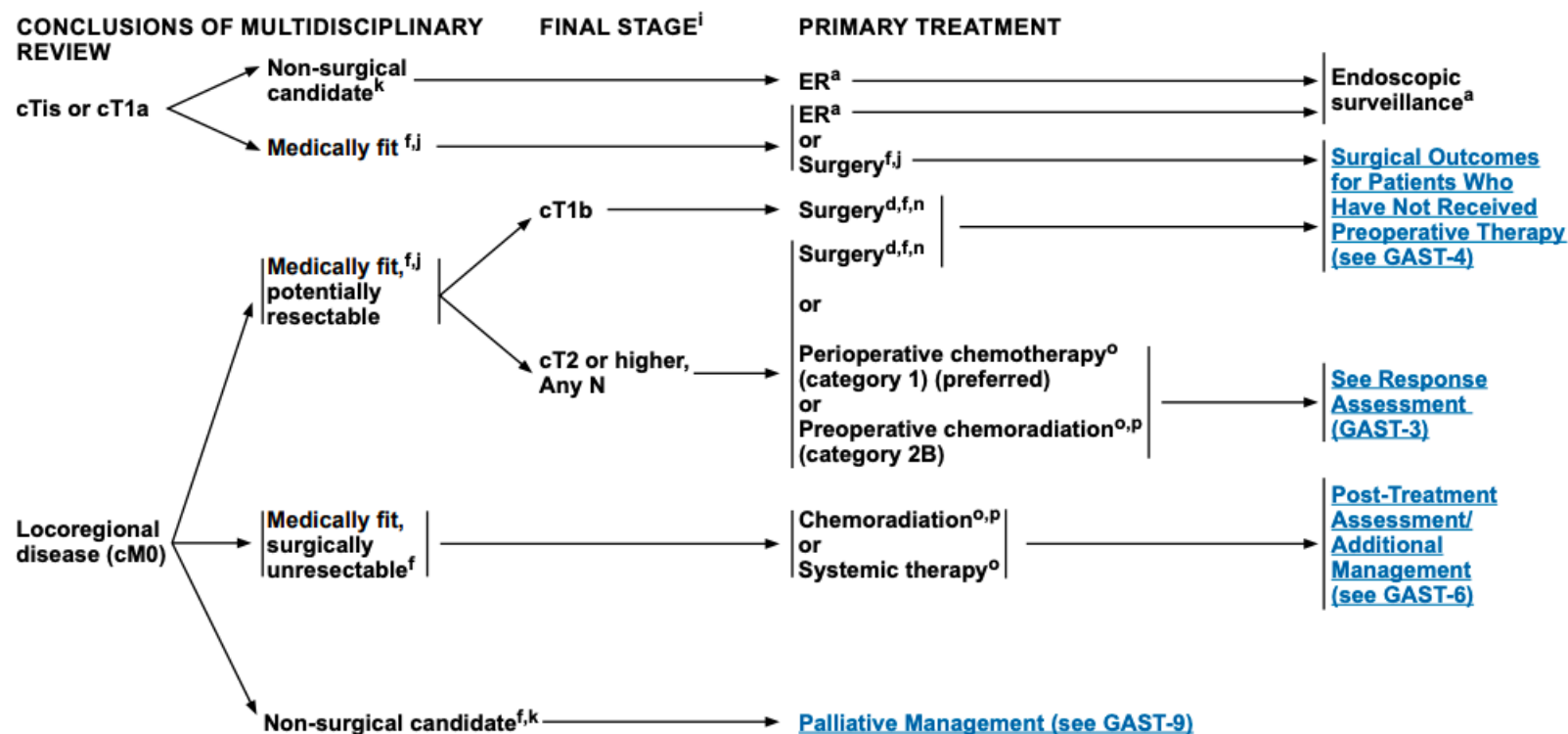
With the exception of anastomotic leaks, morbidity and post-operative mortality were not different between the groups.

Trials which will answer this question
Peri-operative chemo vs peri-operative chemo +RT

TOPGEAR



FLOT to replace ECF/X





PRIMARY TREATMENT FOR MEDICALLY FIT PATIENTS

RESPONSE ASSESSMENT

OUTCOME

ADDITIONAL MANAGEMENT

Perioperative
chemotherapy^o
(category 1)
(preferred)
or
Preoperative
chemoradiation^{o,p}
(category 2B)

- Chest/abdomen/
pelvic CT scan with
contrast
- FDG-PET/CT scan as
clinically indicated

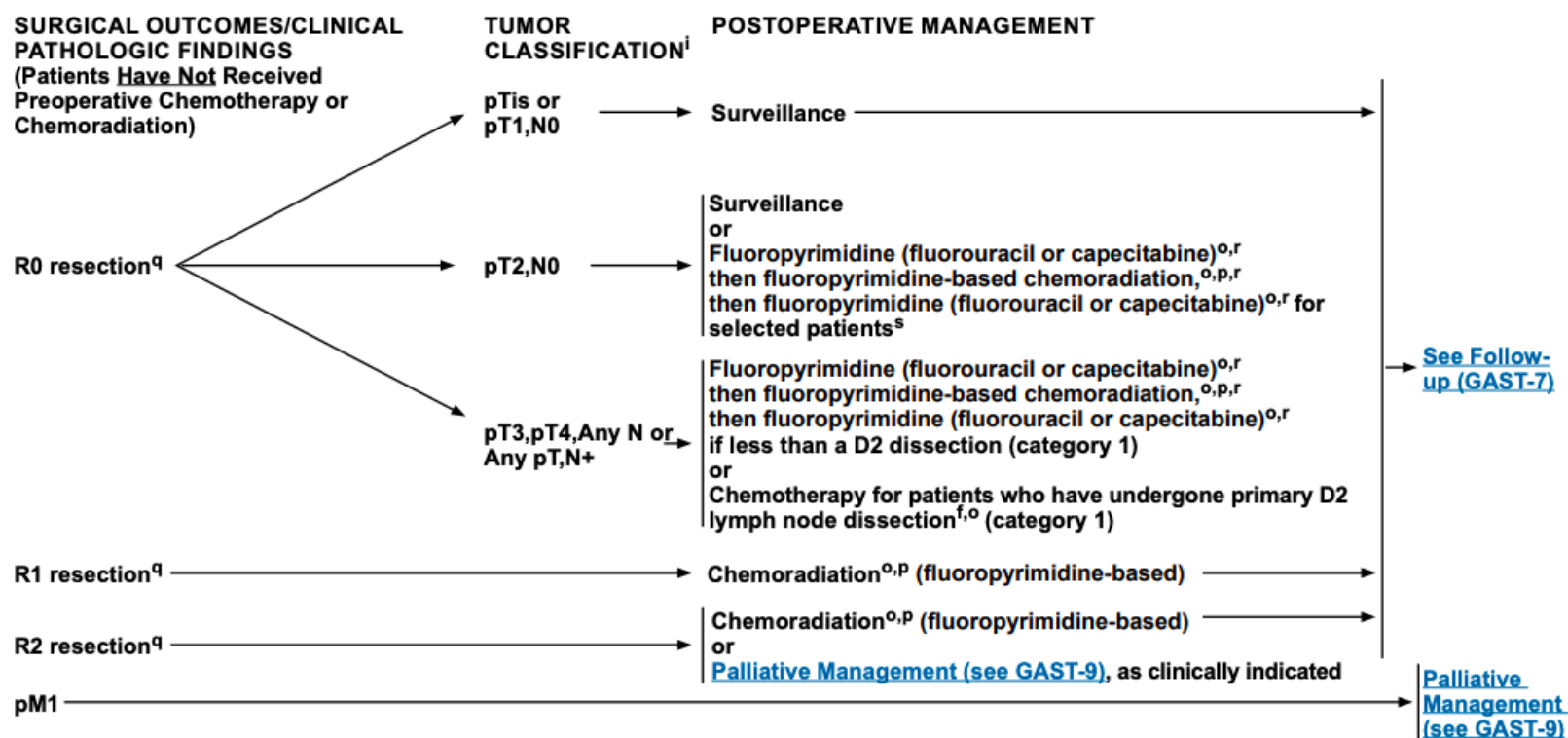
Resectable
disease

Surgery^{d,f,n}
(preferred)
or
[Palliative Management
\(see GAST-9\)](#)

[Surgical Outcomes
for Patients Who Have
Received Preoperative
Therapy \(see GAST-5\)](#)

Unresectable
or
Metastatic disease

[Palliative Management \(see GAST-9\)](#)

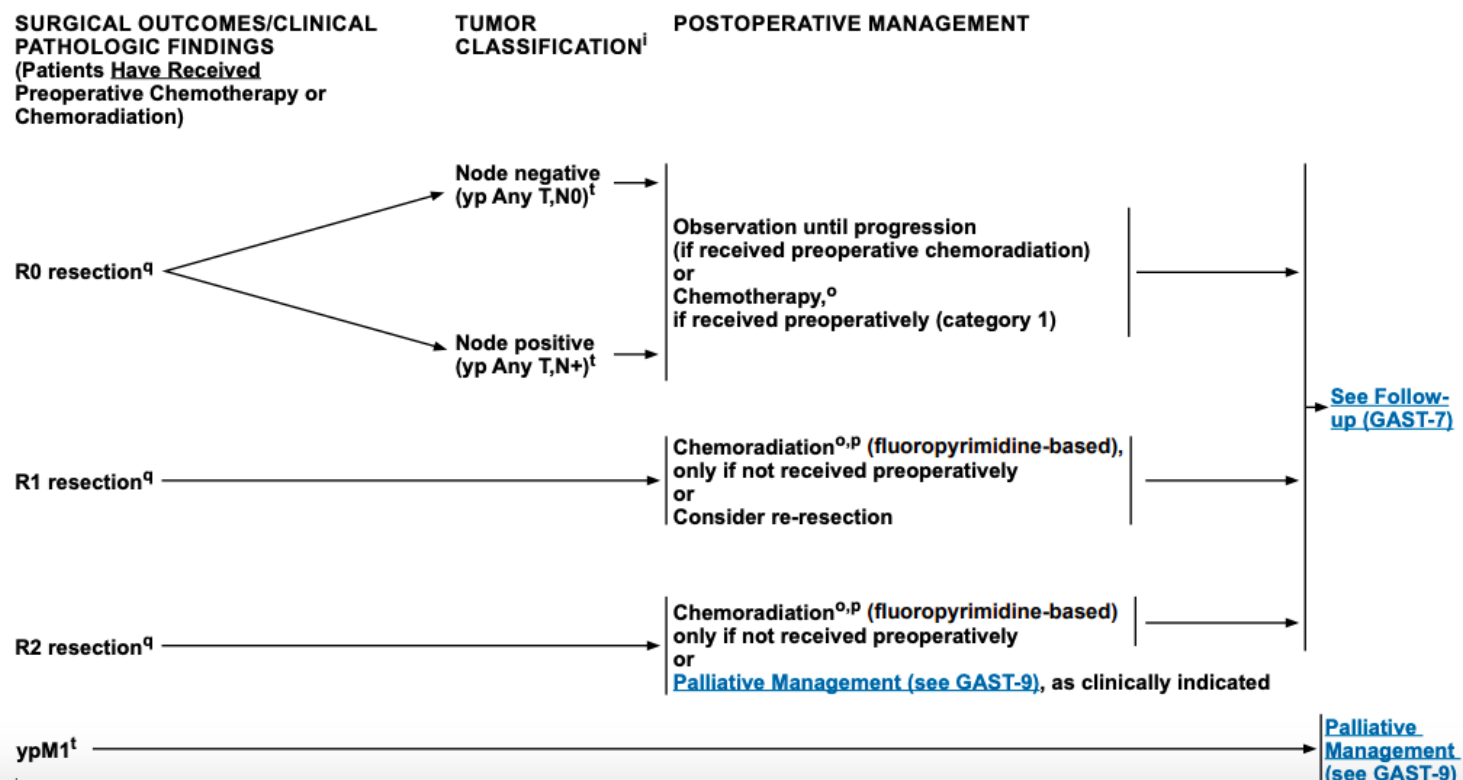




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NCCN Guidelines Version 3.2020 Gastric Cancer

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ESMO 2019

Annals of Oncology

clinical practice guidelines

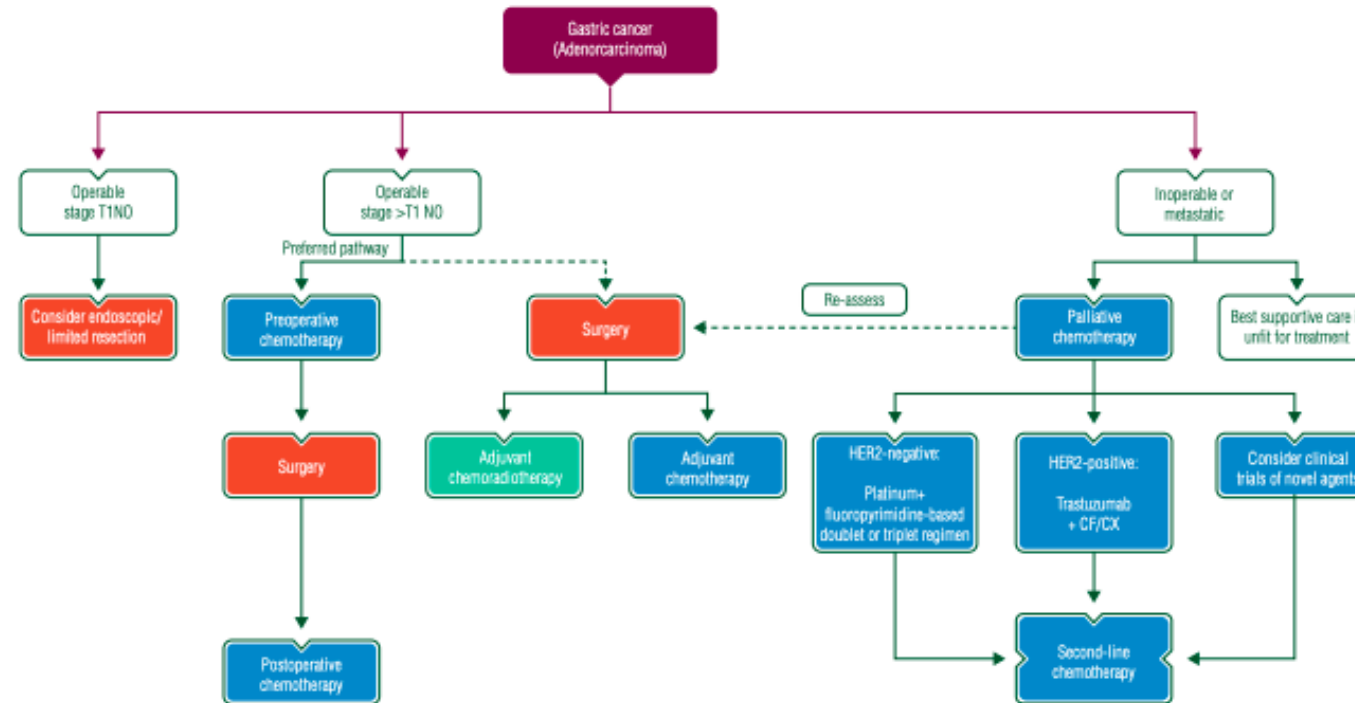
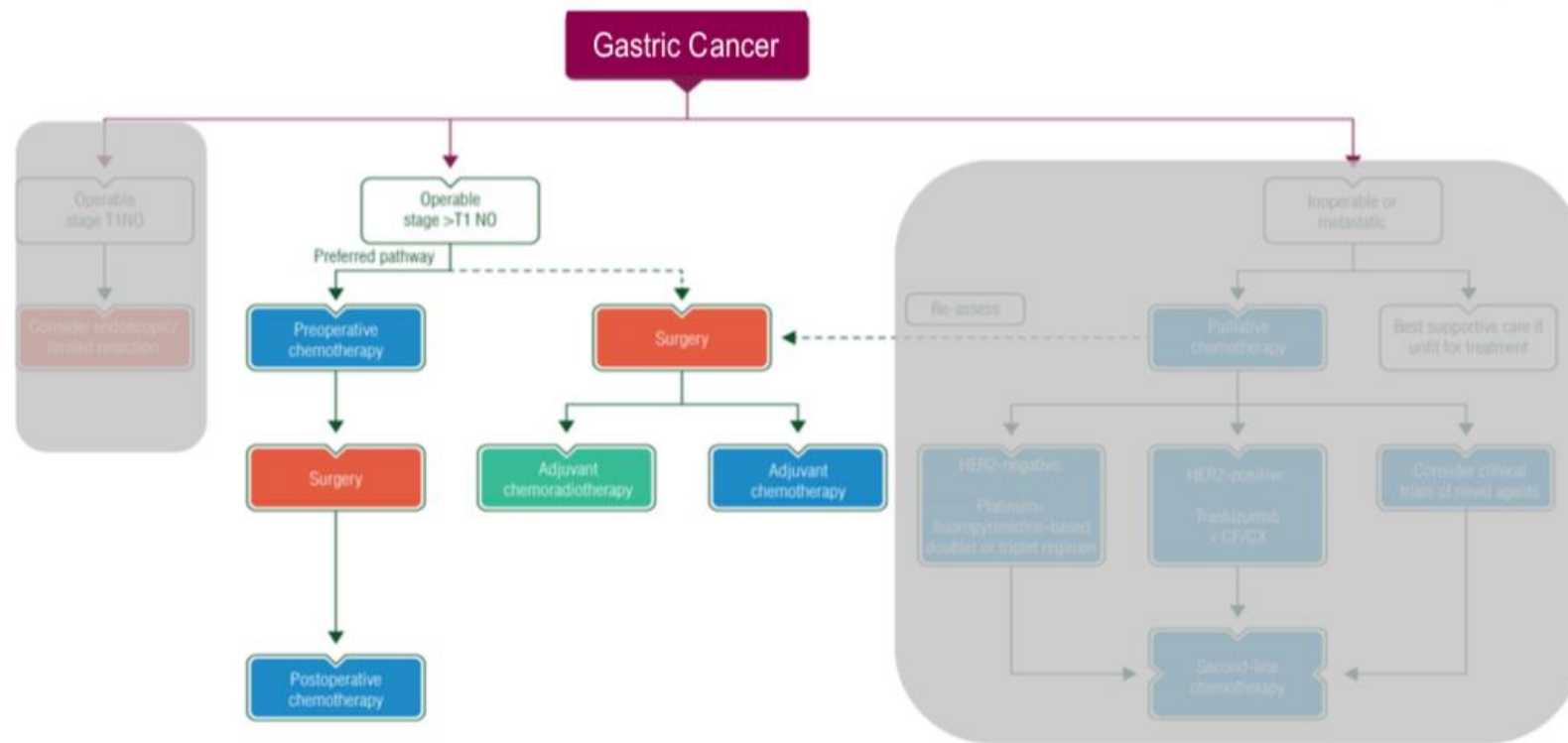


Figure 1. Gastric cancer treatment algorithm.

HER2, human epidermal growth factor receptor 2; CF, cisplatin and 5-fluorouracil; CX, cisplatin and capecitabine

ESMO GASTRIC CANCER GUIDELINES



ESMO OESOPHAGEAL CANCER GUIDELINES

